



HER HEART MATTERS

WEAR RED CANADA • FEB 13

CAUSES OF HEART DISEASE CAN BE DIFFERENT FOR WOMEN THAN MEN.



COMMON CAUSES OF HEART DISEASE

- CORONARY ARTERY DISEASE
- VALVULAR HEART DISEASE
- ARRHYTHMIA
(IRREGULAR HEART BEAT)



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WOMEN ARE MORE LIKELY THAN MEN TO HAVE

- **SPONTANEOUS CORONARY ARTERY DISSECTION (SCAD)**
- **CORONARY VASOSPASM**
- **MICROVASCULAR DYSFUNCTION (SMALL-VESSEL DISEASE)**
- **TAKOTSUBO (STRESS-INDUCED) CARDIOMYOPATHY (DISEASE OF THE HEART MUSCLE)**
- **PERIPARTUM CARDIOMYOPATHY (WEAKENED HEART DURING OR AFTER PREGNANCY)**