



CANADIAN WOMEN'S
HEART HEALTH CENTRE
CENTRE CANADIEN DE SANTÉ
CARDIAQUE POUR LES FEMMES



2021 Canadian Women's Heart Health Summit

February 10-13, 2021



Sudi Barre
Woman with Lived Experience
Edmonton, AB

Biography

Sudi Barre is a Social Worker, entrepreneur and a mother. Having survived 7 heart attacks, two strokes and Spontaneous Coronary Artery Dissection (SCAD). Sudi, has dedicated herself to being an advocate for women heart and brain health, with emphasis on pre and postnatal health.