



2021 Canadian Women's Heart Health Summit

February 10-13, 2021



Martha Gulati MD, MS, FACC, FAHA, FASPC

Professor of Medicine
Chief of Cardiology
Editor-in-Chief, CardioSmart
President of the Phoenix Chapter of the American Heart Association BOD
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Biography

Martha Gulati, MD, MS, FACC, FAHA, FASPC is a Professor of Medicine and the Chief of Cardiology at the University of Arizona (Phoenix). She held the Sarah Ross Soter Chair in Women's Cardiovascular Health and was the Section Director for Women's Cardiovascular Health and Preventive Cardiology at The Ohio State University until 2015. She is the author of the best-seller, "Saving Women's Hearts". She is the Editor-in-Chief of the American College of Cardiology "CardioSmart", the patient education and empowerment initiative. She serves as the chair of the national chest pain guidelines.

Her exceptional commitment to the study of women and cardiac diseases has won her numerous awards and distinctions, including being named by Crain's Chicago Business as one of Chicago's "Top 40 under 40," a list that honors 40 outstanding individuals who have made a major impact in their respective industries before the age of 40. In 2011, she received the first CREDO (Coalition to Reduce Racial and Ethnic Disparities in Cardiovascular Outcomes) Award from the American College of Cardiology that was given to honor her contributions to improve cardiovascular healthcare of women patients. In 2012, she was awarded the National Red Dress Award for her efforts in raising awareness of heart disease in women and advancing research in this field. In 2019, she was chosen as the most influential woman in Arizona and received the 2019 American College of Cardiology's Bernadine Healy Award for her leadership and accomplishment in the field of cardiovascular disease in women.

Dr. Gulati is passionate about the study of women and heart disease and prevention of heart disease. She is the principal investigator of the St. James Women Take Heart Project, a study examining cardiac risk factors in women, which set new standards for women's fitness levels and heart rate response to exercise in women. She also is a co-investigator on the Women Ischemic Syndrome Evaluation (WISE) and previously served as a co-investigator on the Women's Health Initiative (WHI).

She is a member of numerous advisory boards and societies, including the American Heart Association (AHA), the American College of Cardiology and the American Society of Preventive Cardiology (ASPC). She serves on the board of the ASPC, the Phoenix chapter of the American Heart Association and the board of WomenHeart. She has published articles in peer-reviewed publications, including The New England Journal of Medicine, Circulation, and Journal of the American Medical Association (JAMA). Her research has been featured in hundreds of newspapers across the world, including The New York Times and USA Today. She has also been featured on Oprah and been feature



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on CBS National News, The Today Show, Canada AM, in addition to many others. She recently was listed on the Marquis 2019 Who's Who in America, Who's Who in the World, and Who's Who in American Women.

Dr. Gulati completed medical school at the University of Toronto, Canada. She went on to complete her internship, residency, and cardiology fellowship at the University of Chicago. She received a Master in Science at the University of Chicago and is a fellow of the American College of Cardiology and the American Heart Association. She is board certified in cardiovascular disease.