



2021 Canadian Women's Heart Health Summit

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Biography

Dr. Erin D. Michos is an Associate Professor of Medicine in the Division of Cardiology at the Johns Hopkins School of Medicine, with joint appointment in the Department of Epidemiology at the Johns Hopkins Bloomberg School of Public Health.

She is the Director of Women's Cardiovascular Health at Johns Hopkins and the Associate Director of Preventive Cardiology with the Johns Hopkins Ciccarone Center for the Prevention of Cardiovascular Disease.

Dr. Michos completed medical school at Northwestern University in Chicago, IL, and then completed both her Internal Medicine residency and Cardiology fellowship at the Johns Hopkins Hospital in Baltimore, MD. She also completed her Masters of Health Science degree in Cardiovascular Epidemiology at the Johns Hopkins Bloomberg School of Public Health.

Dr. Michos is an internationally known expert in Women's Health and Preventive Cardiology. She has authored or co-authored over 270 manuscripts in peer-reviewed journals. Her research has focused on (1) **cardiovascular disease among women**, (2) risk prediction including the use of **coronary artery calcium scores and inflammatory markers**, (3) **lipids**, (4) **physical activity**, and (5) **vitamin D**. She is part of the Editorial Board for the journal *Circulation*. In 2019, she was honored with the David Levine Excellence in Mentoring Award in the Department of Medicine at Johns Hopkins.

Dr. Michos is the recipient of independent investigator funding through the National Institute of Health (NIH) R01 mechanism. She is a co-investigator in the NIH-funded Multi-Ethnic Study of Atherosclerosis (MESA) and Atherosclerosis Risk in Communities (ARIC) studies, and the STURDY clinical trial studying vitamin D and fall prevention. She is the Training Director for the AHA fellowship program for the AHA's Go Red for Women Strategic Focus Research Network at Johns Hopkins for research in women's cardiovascular health.