



CANADIAN WOMEN'S HEART HEALTH SUMMIT ► 2020
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CANADIAN WOMEN'S
HEART HEALTH CENTRE
CENTRE CANADIEN DE SANTÉ
CARDIAQUE POUR LES FEMMES



Jennifer Monaghan, LLB, BA
Woman with Lived Experience
Kelowna, BC

Biography

Having heart disease and a stroke has not defined her, but rather given her the experience and passion to become an active volunteer and advocate. A lawyer by training, she now serves on the HSF Mission Council on Vascular Cognitive Impairment as well as undertaking various speaking engagements and as a member of the HSF Red Dress Gala Committee. She was recently selected as a member of the Patient Panel to review research applications for their Big Beat Challenge – a 30 million pound research award. She was only 43 when, without any risk factors, her stroke and ultimate discovery of heart failure happened, so she feels particularly invested in supporting health care and research on the heart and brain.