



Jackie Ratz, BA hons
Woman with Lived Experience
Co-Chair, Canadian Women’s Heart Health Alliance
Winnipeg, MB

Biography

Jackie graduated from the University of Manitoba with a honours degree in Political Science and Religion. She worked in the fashion industry as an apparel buyer for close to 20 years before going on long term disability due to heart failure. Early in her journey with heart issues she discovered a passion or advocacy. She believes that knowledge is power and set about to not only help herself but to share her knowledge with others. She believes that with support every heart failure person can impact their care through knowledge and self advocacy. Also recognizing the inconsistency for access to care access the country, she hopes to make an impact on a national scale. She has a specific interest in women’s heart health care.

Jackie is the founder of a Facebook support group “Canadian Women with Medical Heart Issues,” is on the planning committee with the Manitoba Heart Failure Support Group and most recently organized a World Heart Day event in her community.