



**Amel Arnaout, MD, FRCPC**

Program Director, Division of Endocrinology and Metabolism  
The Ottawa Hospital  
Assistant Professor, Faculty of Medicine  
University of Ottawa  
Ottawa, ON

**Biography**

Dr. Amel Arnaout is an Assistant Professor in the Faculty of Medicine at the University of Ottawa and the Program Director for the Endocrinology and Metabolism Residency Training Program. As a clinician teacher she is involved in teaching at all levels of medical training and is a graduate of the Distinguished Teacher Program. She is the current co-chair for Continuing Medical Education in the Division of Endocrinology and Metabolism and the Content Expert for Endocrinology in the Undergraduate Medical Education Program. Her areas of clinical focus are diabetes and thyroid disease. She is the Clinical Director of the University of Ottawa Heart Institute Diabetes Program where her team has developed nationally recognized protocols for the care of high risk patients with diabetes and heart disease. She also helped to develop a Thyroid Nodule evaluation and biopsy clinic at The Ottawa Hospital.