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CANADIAN WOMEN'S  
**HEART HEALTH**  
SUMMIT ► 2020

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# ABSTRACT SUBMISSION GUIDELINES



CANADIAN WOMEN'S  
HEART HEALTH CENTRE  
CENTRE CANADIEN DE SANTÉ  
CARDIAQUE POUR LES FEMMES



**Heart&Stroke™**



## 2020 CANADIAN WOMEN'S HEART HEALTH SUMMIT

April 2-3, 2020 | Fairmont Château Laurier Hotel, Ottawa, Ontario

### IMPORTANT DATES

CALL FOR ABSTRACTS OPENS	Friday, November 1, 2019
DEADLINE FOR SUBMISSION	Friday, January 6, 2020 at 11:59 p.m. EST
NOTIFICATION TO APPLICANTS	Friday, January 17, 2020

### WOMEN'S CARDIOVASCULAR HEALTH PUZZLE: CONNECTING THE PIECES TO UNDERSTAND THE WHOLE

Proudly hosted by the University of Ottawa Heart Institute and Heart & Stroke, the Canadian Women's Heart Health Summit is the only event of its kind and has become the national reference point for health professionals seeking up-to-date knowledge of women's heart health.

Building on the success of the 2016 and 2018 Summits, we are assembling national and international experts and stakeholders to further advance women's heart & brain health. Together, we will transform and enhance Canadian women's lives through research, awareness, policy development, and care.

This is an accredited opportunity for knowledge exchange for a variety of stakeholders including primary care providers, cardiologists, neurologists, gynecologists, pharmacists, nurses, cardiac rehabilitation providers, allied healthcare providers, researchers, policy-makers, community partners and women with lived experience.

### OBJECTIVES

- Summarize the latest evidence regarding the prevention, identification, and treatment of heart, brain and vascular conditions affecting women across their lifespan;
- Identify emerging areas in research and clinical practice centered on heart, brain and vascular conditions affecting women across their lifespan.
- Explain gaps in research and treatment related to heart, brain and vascular disease in women and delineate strategies for addressing these gaps;
- Apply the latest guidelines and best practices and implement clinical practice changes in order to better meet the needs of women at risk of or living with heart, brain and vascular conditions.

## PRESENTATION TOPICS WILL INCLUDE:

- Heart disease and co-morbidities
- Stroke in women
- Vascular cognitive impairment in women
- Mental health as a determinant of cardiovascular health in women
- Sex differences in prevalence, clinical manifestations and medical management of valvular geart disease
- Sex considerations in percutaneous management of valve disease
- Sex considerations in surgical management of valve disease
- Cardio-obstetrics
- The intersection of breast cancer and heart disease
- Aspirin for primary prevention in women
- Become a community leader and advocate for women's cardiovascular health
- Can social media positively transform knowledge translation for women's heart health?
- Achieving gender equity in medicine and leadership: a strategy for improving women's cardiovascular health
- What's new in spontaneous coronary artery dissection (SCAD)
- Are there still disparities in percutaneous coronary intervention (PCI) outcomes in women in contemporary practice? The patient vs the doctor
- Unique aspects of surgical revascularization in women
- Before and after the diagnosis - unique challenges in prevention and rehabilitation
- Primary prevention: unique aspects for women
- Female-specific barriers to rehabilitation: How to overcome them?
- Discovering the impact of peer support on psycho-social well-being: the Women@Heart experience
- Communicating with Your healthcare provider: how to maximize your time and optimize your health
- Addressing the gaps: one project at a time (CWHH Alliance)
- Circadian medicine and women's heart health
- Digital health and technological advancements: panacea or a burden?
- The aorta, pulmonary and peripheral arteries
- Sex differences in aortic aneurysms and dissections
- Peripheral arterial disease in women
- Sex differences in pulmonary hypertension
- Sex-specific differences in heart failure care and outcomes: closing the gap
- What is new in heart failure with preserved ejection fraction (HFpEF)?
- Advanced heart failure therapies: do women benefit as much as men?





**Beginning November 1, 2019**, the 2020 Canadian Women's Heart Health Summit will be seeking abstracts for poster and rapid fire oral presentations. Please review this document carefully and submit your abstract using the online portal available at [womensheartsummit.ca](http://womensheartsummit.ca). Contact us at [cwvhc@ottawaheart.ca](mailto:cwvhc@ottawaheart.ca) if you require assistance with your submission or have any questions.

**Accepted abstracts will be published in the April, 2020 issue of the Canadian Journal of Cardiology.**

## RAPID FIRE ORAL PRESENTATIONS AND POSTER PRESENTATIONS

Submitters have the option to identify their preferred presentation format(s) through the online portal available on [womensheartsummit.ca](http://womensheartsummit.ca). If submitters select they are willing to present their abstract as a rapid fire oral presentation or a poster presentation, the abstract will first be judged as a potential oral presentation, and if not successful, will then be judged as a potential poster presentation. Only one presentation format will be offered per abstract.

### POSSIBLE TOPICS/THEMES

Submitted abstracts must be related to the 2020 Canadian Women's Heart Health Summit's theme: *Women's Cardiovascular Health Puzzle: Connecting the Pieces to Understand the Whole* and fall within one of the following categories:

- Clinical Science
- Basic Science
- Population Health and Behavioural Science
- Policy and Guidelines
- Indigenous Health

## POSTER PRESENTATIONS

Posters will be on display in the Ballroom Foyer at the Fairmont Château Laurier on Thursday, April 2 and must remain on display from 10 a.m. – 6 p.m. Poster presenters are expected to be at their poster during the designated 70 minute period, from 4:50 p.m. to 6 p.m., allowing Summit delegates time to ask questions and to discuss content. Additional technical specifications, including dimensions, will be provided with acceptance letters.

### BEST POSTER AWARD

The 2020 Canadian Women’s Heart Health Summit will include an award for best poster. The person judged as preparing and delivering the best poster will receive an award of recognition and a cheque for \$250. Posters displayed at the Summit will be judged by the 2020 Canadian Women’s Heart Health Summit review committee on April 2, 2020 with the best poster selected based on the following criteria:

- Originality
- Design and methodology
- Supporting data
- Quality of presentation

## RAPID FIRE ORAL PRESENTATIONS

Rapid Fire Oral Presentations will be presented the plenary on Friday, April 3, 2020. Each presenter will have five minutes to summarize their research, followed by three minutes for questions and answers. This format is expected to offer greater exposure to presenters, as well as give delegates a snapshot into the wide variety of research being conducted related to the conference theme, *Women’s Cardiovascular Health Puzzle: Connecting the Pieces to Understand the Whole*.

### BEST RAPID FIRE ORAL PRESENTATION AWARD

The 2020 Canadian Women’s Heart Health Summit will include an award for Best Rapid Fire Oral Presentation. The person judged as preparing and delivering the best rapid fire oral presentation will receive an award of recognition and a cheque for \$250. Rapid fire oral presentations will be judged by the 2020 Canadian Women’s Heart Health Summit review committee, based on the following criteria:

- Originality
- Design and methodology
- Supporting data
- Quality of presentation
- Presenter stays within allotted time

The recipients will receive their award during the conference’s closing remarks on Friday, April 3, 2020.

**PLEASE NOTE:** ALL poster presenters and rapid fire oral presenters must register as delegates for the 2020 Canadian Women’s Heart Health Summit. Registration is now open. **VISIT [WOMENSHEARTSUMMIT.CA](https://www.womensheartsummit.ca) TO REGISTER.**



## ABSTRACT SUBMISSION GUIDELINES

- Abstracts must be received electronically through the online submission form no later than 11:59p.m. (EDT), January 6, 2020. Confirmation message will be provided stating the abstract was submitted successfully. Paper or faxed abstract submissions will not be accepted.
- Notifications of acceptance will be sent by January 17, 2020 via email. Scheduling details and instructions for oral and poster presentations will be communicated soon after.
- Abstracts can be written in English or French.
- There is no fee for submitting abstracts for the 2020 Canadian Women's Heart Health Summit.
- There is no limit to the number of abstracts an individual may submit.
- Abstracts that are published as part of a peer-reviewed manuscript or previous conference proceedings are excluded. Only one abstract per data source will be accepted; submitters should not 'split' data to create several abstracts.
- Abstracts should be concise and informative and include at least preliminary data. Those stating that results will be presented or discussed will be subject to rejection.
- Accepted abstracts will be published in the April 2020 issue of the Canadian Journal of Cardiology.
- Authors have the opportunity to "opt out" of having their content published using the online submission form. For those authors who do agree, they give the CWHH Summit permission and authority to submit and have published his/her abstract, without compensation, in the April 2020 issue of the Canadian Journal of Cardiology.
- Submission of an abstract constitutes a commitment by the author(s) as to the integrity of the data and that they agree with the submission.
- The word limit for an Abstract Submission is **250 words, not including title, list of authors and headers**. Organize the body of the abstract as follows:
  - **Title:**
  - **Authors:** Abbreviated first name followed by the last name, no period [i.e. J Smith], according to this format
  - **City, Province:** [i.e. Ottawa, Ontario]
  - **BACKGROUND:** A brief statement of the purpose of the study
  - **METHOD(S):** A statement of the method(s) of investigation
  - **RESULTS:** A summary of the results presented in sufficient detail to support conclusions
  - **CONCLUSIONS:** The conclusions reached - it is not acceptable to state "the results will be discussed"
- Authors must account for sex and gender based analysis (SGBA) in their submission. Refer to the [CIHR Sex and Gender Online Training Modules](#) for more information..

- No graphics (i.e. no tables, no images in the abstract) and use standard abbreviations (i.e. LV, RBC, mEQ).
- Place unusual abbreviations in parenthesis after the full word, the first time it appears. Please keep abbreviated terms to a minimum.
- Use numerals to indicate numbers except to begin sentences.
- Use non-proprietary (generic) names for drugs.
- Symbols can be embedded in the abstract body; however, please note that special characters may not appear or may be lost during transmission.
- The abstract must be submitted in final form and will be published in the format it was submitted.
- Accepted abstract titles, list of authors, twitter statements and author twitter handles will be published in the Summit program which will be distributed to delegates at the Summit and will be made available on [womensheartsummit.ca](http://womensheartsummit.ca) and used for promotional purposes.
- All accepted poster and rapid fire oral presenters will be required to complete a conflict of interest disclosure form and will need to declare any conflicts of interest directly on the poster or at the beginning of your presentation slide deck.
- All abstracts submitted must comply with these guidelines to be considered for acceptance.
- Notification of acceptance or rejection of abstracts will be emailed on January 17th, 2020.
- Authors are expected to attend the CWHH Summit and present their abstract. All presenting authors must register for the CWHH Summit and are responsible for their own transportation and accommodations. **Register online at: [womensheartsummit.ca](http://womensheartsummit.ca). Registration is NOT complimentary.**

## EVALUATION CRITERIA

Using a blind review process, the CWHH Summit Research Planning Committee will guide a review of abstracts using the following criteria:

- Originality
- Design and methodology
- Supporting data
- Quality

