



# CANADIAN WOMEN'S HEART HEALTH SUMMIT ▶ 2023

APRIL 28-29, 2023 · VANCOUVER, BC · WOMENSHEARTSUMMIT.CA



## 2023 Canadian Women's Heart Health Summit

### Speaker Details



**Michelle Logeot**  
Woman with Lived Experience  
Thompson, MB

#### Biography

##### Not taking no for an answer

In 2017, Michelle Logeot was a busy educator in Thompson, Manitoba. But for several months she was feeling off including experiencing weakness, fatigue and sweating a lot. As she traveled across the province for work, she was worried about her health and visited several hospitals in different locations but her symptoms were dismissed. "I was misdiagnosed so many times: I was told I had anxiety, depression, menopause, a cold, flu, pneumonia, a prolapsed vagina, kidney stones."

She felt progressively worse. On her 51st birthday she was at the lake celebrating with family. But she did not have the strength to enjoy the day with them. Not long after returning home to Thompson, and still feeling unwell, Michelle went to lie down and fell unconscious. Her husband called an ambulance and she was taken to the hospital where she flatlined. She was revived and flown to Winnipeg where it was revealed she had nine blockages and she received three stents. During her recovery there were no rehabilitation services or supports in her area but Michelle found a newly formed Facebook group for women with heart issues which helped her through. She now is able to support others and provides the following advice to women experiencing heart issues: "You have to advocate for yourself and if you have a doctor who dismisses you, then you have to find another one who will help."