



CANADIAN WOMEN'S HEART HEALTH SUMMIT ▶ 2023

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THE UNIVERSITY
OF BRITISH COLUMBIA



2023 Canadian Women's Heart Health Summit

Speaker Details



Kelly Brady

Woman with Lived Experience
Squamish, BC

Biography

Kelly Brady has been teaching biology, science and math in the public school system since 2007. She lives an active lifestyle, playing field hockey in university and continues to enjoy getting out for a run or hike.

In 2016 she was diagnosed with Familial Hypercholesterolemia after first experiencing angina in 2014. She was the first to receive the diagnosis in her extended family, many of whom have been diagnosed with FH since.

In 2018, Kelly underwent CABG surgery and had a quadruple bypass at the age of 38. Kelly has two young children, 3 and 6 years old, a supportive partner and lives in Squamish, BC.

Kelly feels strongly about education, bringing awareness about women's heart health and the genetic component to heart disease.