



CANADIAN WOMEN'S HEART HEALTH SUMMIT ▶ 2023

APRIL 28-29, 2023 · VANCOUVER, BC · WOMENSHEARTSUMMIT.CA



THE UNIVERSITY
OF BRITISH COLUMBIA



2023 Canadian Women's Heart Health Summit

Speaker Details



Jennifer Monaghan, LLB, BA

Woman with Lived Experience
Kelowna, BC

Biography

Having heart disease and a stroke has not defined Jennifer, but rather given her the experience and passion to become an active volunteer and advocate. A lawyer by training, she served on the Heart and Stroke Foundation (HSF) Mission Council on Vascular Cognitive Impairment and as the British Heart Foundation's International Advisory Panel for the "Big Beat Challenge" – a global competition for a £30 million research award won by CureHeart.

She is currently a member of this Summit's Planning Committee, a Co-Chair of CWHH Alliance's Training and Education Working Group, the BC Recovery & Rehabilitation Steering Committee as well as the Interior Health Stroke Innovation and Research Strategic Planning Committee. She was only 43 when, without any risk factors, her stroke and discovery of heart disease happened, so she feels particularly invested in supporting health care and research on the heart and brain. She is from BC and wishes to welcome all attendees to Vancouver!