



CANADIAN WOMEN'S HEART HEALTH SUMMIT ► 2023

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CANADIAN WOMEN'S
HEART HEALTH CENTRE
CENTRE CANADIEN DE SANTÉ
CARDIAQUE POUR LES FEMMES



Heart&Stroke
Cœur+AVC



Centre for
Cardiovascular
Innovation



THE UNIVERSITY
OF BRITISH COLUMBIA



Leslie Diamond Women's
Heart Health Clinic

2023 Canadian Women's Heart Health Summit

Speaker Details



Anita Pozgay, MD, FRCPC, Dip Sport Med

Emergency Physician, The Ottawa Hospital
Assistant Professor, University of Ottawa
Ottawa, ON

Biography

Anita is an Assistant Professor in Emergency Medicine at the Ottawa Hospital. She obtained her FRCPC in Emergency Medicine from the University of Alberta in 2000 and her Diploma in Sport & Exercise Medicine in 2004. She also works as a Sports Medicine Physician at Human 2.0 in Ottawa. Working in the front lines of the hospital, she is experienced in timely recognition and care of patients with various cardiovascular presentations. As a sports medicine practitioner, she has the opportunity to educate and prescribe exercise to patients. An interest in women's health and preventative medicine has lead her to embark on this working group opportunity!