



# CANADIAN WOMEN'S HEART HEALTH SUMMIT ▶ 2023

APRIL 28-29, 2023 · VANCOUVER, BC · WOMENSHEARTSUMMIT.CA



## 2023 Canadian Women's Heart Health Summit

### Speaker Details



#### **Denise L. Johnson**

Education Consultant

Retired Director of Instruction for the Vancouver School Board

Woman with Lived Experience

Woman@Heart Peer Support Group Leader/ Facilitator  
Vancouver, BC

#### **Biography**

Denise is a retired Director of Instruction from the Vancouver School Board. In this role she worked as part of the Vancouver School Board's District Leadership team where she supervised as many as 38 secondary and elementary schools. In addition to her work with these schools, Denise also had a wide range of district portfolios which included professional development, leadership development, assessment for learning, learning inquiry, teacher and administrator mentorship programs, building capacity and promoting physical literacy. Since her retirement 5 years ago, Denise has worked as an educational consultant through private contracts to provide leadership and support for leadership development, capacity building, mentorship and professional development.

Her consulting contracts have been with the Vancouver School Board, the Canadian Mental Health Association, Vancouver Coastal Health and the French Cadre BC educational program. Currently, Denise is continuing to work with the Canadian Mental Health Association as the Project Manager for the digital design and delivery of the Here4Peer Youth Mental Health program. This program is currently provided in the Vancouver School Board and is in the process of being offered to additional districts such as Surrey, Delta and Richmond.



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Denise has also committed herself as a passionate volunteer to support women with lived experience with heart disease, such as herself. Denise has been trained by the Women@Heart Program at the Canadian Women's Heart Health Centre to be a Peer Support Group Leader and has now led two groups in the BC area virtually over the past two years.

In addition, Denise continues to volunteer as a patient representative on research committees, fundraising and heart disease awareness events, Wear Red Canada Campaign participator and support, developing the secondary school curriculum free for use for educators to teach our youth about women's heart health along with individual advocacy and support for local friends and colleagues exhibiting heart issues.