

Canadian Women's Heart Health Alliance

Training and Education Working Group | Member Profile



Sonia DanceyMD2023 Candidate, University of Ottawa
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Alliance member since 2021

Biography

Sonia Dancey, born and raised in Ottawa, is currently a second-year medical student at the University of Ottawa. Sonia is actively involved in leadership positions within her community as a Student Mentor for the Faculty of Medicine and an Ottawa Student Representative for the Federation of Medical Women of Canada (FMWC). Within her position at the FWMC, Sonia has further developed her passion for women's health issues, particularly sex differences in cardiovascular health. Sonia hopes to further educate herself about women's cardiovascular health and to increase advocacy within her school community and beyond surrounding these important topics in medicine. In her free time Sonia was a competitive dancer for many years and now enjoys maintaining an active lifestyle with Peloton classes.