

Canadian Women's Heart Health Alliance Member Profile



Sarah Blayney, RN, BN Registered Nurse Alberta Health Services Calgary, AB | @Sblayneyy

Biography

I acquired a Bachelor of Nursing in Calgary, Alberta in 2021 and have since spent time working on Cardiology and Internal Medicine units. Nursing has provided me with the foundations of patient and community education and advocacy which has allowed me to connect various passions in promoting women's heart health through community and institutional initiatives. My culmination of leadership, research, direct patient care and community involvement has further connected me with health care providers, researchers, patients and civilians in a unique way that is filled with genuine devotion towards improving outcomes for women impacted by cardiovascular disease.

In my free time, I enjoy spending time with friends and family, boxing, tapdancing and hiking.