## CANADIAN WOMEN'S HEART HEALTH CENTRE

NATIONAL ALLIANCE

## **Canadian Women's Heart Health Alliance** Advocacy Working Group | Member Profile



## Moira Teed, MSc, MSW, RSW

Senior Advisor, Public and Patient Engagement Canadian Medical Association Sessional Instructor, Carleton University School of Social Work Ottawa, ON | <u>@KetchyMoira</u> Alliance member since 2021

## Biography

Moira Teed is a longstanding advocate for engagement. Her own lived experience is primarily as a witness to countless patient journeys during her many years as an acute care Social Worker. Moira has also supported the University of Ottawa Department of Medicine as a regular co-instructor for their Physician Skill Development Course - focused on establishing therapeutic rapport – and their annual "Breaking Bad News" workshop. Her interest in engagement at the organizational level began during her time as the Best Practice Social Worker for the Champlain Regional Stroke Network where she established - and co-facilitated - their first Patient and Family Advisory Council. Over the past 5 years, she has since broadened her engagement skills at a national level by developing organization wide frameworks and multi-faceted toolkits for public and patient engagement and has connected a vast network of patient and family advocates who support political advocacy efforts, best practice guideline development, collaborative decision-making, awareness campaigns and research initiatives.

Moira is now a sessional instructor with the Master of Social Work Program at Carleton University's School of Social Work and the Senior Advisor for Public and Patient Engagement at the Canadian Medical Association. Teaching the next wave of social workers hoping to work within the healthcare system, is a passion of hers. Moira ensures that the training she provides, incorporates structural social work theory and emphasizes the importance of the structural inclusion of people with lived experience within health system planning and reform, using a trauma informed approach.