

Canadian Women's Heart Health Alliance

Knowledge Translation and Mobilization Working Group

Member Profile



Martha Gulati, MD, MS, FACC, FAHA, FASPC, FESC

President-Elect

American Society for Preventive Cardiology

[@drmarthagulati](#)

Member since 2022

Biography

Martha Gulati, MD, MS, FACC, FAHA, FASPC, FESC is the President-Elect of the American Society for Preventive Cardiology. She was a Professor of Medicine and the inaugural Chief of Cardiology at the University of Arizona. Previously, she was the inaugural Sarah Ross Soter Chair in Women's Cardiovascular Health and was the Section Director for Women's Cardiovascular Health and Preventive Cardiology at The Ohio State University until 2015. She is the author of the best-seller, "Saving Women's Hearts". She was the Editor-in-Chief of the American College of Cardiology "CardioSmart", the patient education and empowerment initiative until a few weeks ago. She serves as the chair of the national chest pain guidelines that will be released in October 2021.

Her exceptional commitment to the study of women and cardiac diseases has won her numerous awards and distinctions, including being named by *Crain's Chicago Business* as one of Chicago's Top 40 under 40. In 2011, she received the first *CREDO (Coalition to Reduce Racial and Ethnic Disparities in Cardiovascular Outcomes)* Award from the American College of Cardiology that was given to honor her contributions to improve cardiovascular healthcare of women patients. In 2012, she was awarded the National Red Dress Award for her efforts in raising awareness of heart disease in women and advancing research in this field. In 2019, she was chosen as the most influential woman in Arizona and received the 2019 American College of Cardiology's Bernadine Healy Award for her leadership and accomplishment in the field of cardiovascular disease in women. She is the principal investigator of the St. James Women Take Heart Project, a study examining cardiac risk factors in women, which set standards for women's fitness levels and heart rate response to exercise in women. She also is a co-investigator on the Women Ischemic Syndrome Evaluation (WISE) and previously served as a co-investigator on the Women's Health Initiative (WHI).

She is a member of numerous advisory boards and societies, including the American Heart Association (AHA), the American College of Cardiology and the American Society for Preventive Cardiology (ASPC). She has published articles in peer-reviewed publications, including *The New England Journal of Medicine*, *Circulation*, and *Journal of the American Medical Association (JAMA)*. Her research has been



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featured in hundreds of newspapers across the world, including *The New York Times* and *USA Today*. She has also been featured on *Oprah* and been featured on *NBC Nightly News*, *CBS National News*, *The Today Show*, *Canada AM*, in addition to many others. She recently was listed on the Marquis 2020 *Who's Who in America*, *Who's Who in the World*, and *Who's Who in American Women*.

Dr. Gulati is Canadian and completed medical school at the University of Toronto, Canada. She went on to complete her internship, residency and cardiology fellowship at the University of Chicago. She received a Masters in Science at the University of Chicago and is a fellow of the American College of Cardiology and the American Heart Association. She is board certified in cardiovascular disease.