



Canadian Women's Heart Health Alliance

Knowledge Translation and Mobilization Working Group | Member Profile



Heather Tulloch, C. Psych

Senior Psychologist, Cardiac Prevention & Rehabilitation
Associate Professor, Faculty of Medicine & School of Psychology
University of Ottawa Heart Institute
Ottawa, ON | [@HeatherETulloch](#)
Member since 2022

Biography

Dr. Heather Tulloch is the Senior Psychologist at the University of Ottawa Heart Institute (UOHI), co-Chair of the Patient Partnership Council, and Director of the Cardiovascular Health Psychology lab at the University of Ottawa Heart Institute. She is an Associate Professor in the Department of Medicine, Faculty of Medicine, and cross-appointed to the School of Psychology at the University of Ottawa. She is a member of the Women's Heart Team and the Transplant Team at UOHI. Dr. Tulloch main research focus is on the development and evaluation of psychosocial interventions to improve mental health, quality of life, and CVD outcomes among cardiac patients and their partners. She provides psychological assessment and treatment services to patients with cardiovascular disease and their partners.