



Canadian Women's Heart Health Alliance

Training and Education Working Group | Member Profile



Najah Adreak, MD

Trainee Representative, Executive Steering Committee
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Alliance member since 2018

[researchgate.net/profile/Najah-Adreak](https://www.researchgate.net/profile/Najah-Adreak)

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Biography

Dr. Najah Adreak is a clinical researcher with a Master of Science in Surgery at the University of British Columbia (UBC). She earned her medical degree from Tripoli University and has trained in the Cardiac Surgery residency program in her country before moving to Canada for further education and training. Dr. Adreak is the Trainee Representative for the Canadian Women Heart's Health Alliance and an active member of the Training and Education Working Group. She led the western committee for the Wear Red Canada campaign in 2021.

She is an advocate for cardiovascular health and treatment, especially for underserved women patients. Currently, she works as an academic advisor to provide academic support for HIVE projects and virtual anatomy lab at the faculty of medicine, UBC. She has authored many papers and works as a reviewer for the Canadian Journal for Cardiology. Dr. Adreak is also active in the Canadian Cardiovascular Society, and she has managed many clinical trials within her role as a clinical research assistant in the cardiac surgery department at St. Paul's Hospital, where she took great pride in improving patients care through research and innovation. She is also the mentorship director at the UBC Chapter of the Institute for Healthcare Improvement (IHI). She has a strong academic and medical background and outstanding leadership experience. Her long-term goal is to be an academic cardiac surgeon and advocate for women's health and access to quality health care.