



Canadian Women's Heart Health Alliance

Knowledge Translation and Mobilization Working Group |

Member Profile



Monica Parry, MEd, MSc, NP-Adult, PhD, CCN(C)

Associate Professor, Lawrence S. Bloomberg Faculty of Nursing,
University of Toronto

Nurse Practitioner, Cardiac Program, Kingston Health Sciences
Centre

Toronto, ON | [@parryresearch](https://twitter.com/parryresearch)

Alliance member since 2018

monicaparryresearch.ca

Biography

Monica is an Associate Professor at the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto. She is an active supervisor in the international visiting PhD program, where she assists students to publish in a broad range of areas, including sex/gender and self-management strategies for heart disease across various ethnic populations. Monica's program of research focuses on reducing the burden of cardiovascular disease and its complications. She is interested in patient-oriented research (POR) and sex/gender influences on health and wellbeing.

Monica is currently leading a research team to develop and test **at heart**: A Tailored Digital Health Innovation for Women with Heart Disease. She is also collaborating with Clinical Trials Ontario to develop and evaluate Patient and Investigator Decision Aids, designed to build capacity for patient-oriented research in Canada. Decision aid development is guided by the International Patient Decision Aid Standards, a User-Centred Co-Design, and the Ottawa Decision Support Framework. Building partnerships, improving research quality and impact, and developing best practices underpin Monica's program of research.