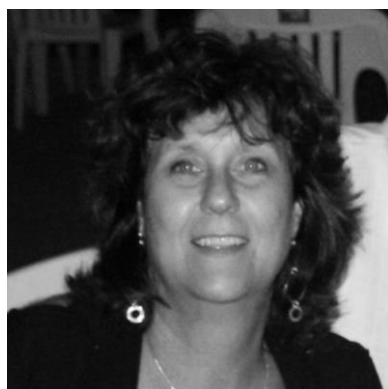




Canadian Women's Heart Health Alliance

Health Systems and Policy Working Group | Member Profile



Michelle Meade, BKin, CIMA, ICGB™, CSEP- CEP, ACSM

Manager, Chronic Disease Collaborative,
Shared Health Manitoba
Winnipeg, MB
Alliance member since 2018

Biography

Michelle is the Manager of Winnipeg Regional Health Authority Chronic Disease Collaborative which focuses on prevention and system redesign in chronic disease management. Current initiatives include: Diabetes: Endocrinology Realignment and Increase Access to Care in the Community; Home Based Cardiac Rehabilitation in rural/remote regions of Manitoba; Congestive Heart Failure Care Map: Discharge and Transition to primary care; COPD INSPIRED project in Prairie Mountain, Interlake and Winnipeg Health Region. As part of the restructuring of health care in Manitoba, the Chronic Disease Collaborative will be moving to Shared Health (which carries a provincial mandate).

Formerly as Director of Program at the Reh-Fit Centre she was responsible for developing and implementing cardiac rehabilitation and chronic disease programs well as adult fitness/health and Corporate Wellness programs/services.

Michelle has over 30 years of experience in service delivery in the community, with a strong background in project management, strategic planning, group facilitation and extensive experience working with interdisciplinary allied healthcare professional.

Michelle graduated with a degree in Kinesiology, Certificate in Management and Administration, University of Manitoba; LEAN Six Sigma Green belt; Certified Exercise Physiologist, Canadian Society of Exercise Physiology (CSEP- CEP) and Clinical Exercise Specialist in Cardiac Rehabilitation, American College of Sports Medicine (ACSM).