



Canadian Women's Heart Health Alliance

Training and Education Working Group | Member Profile



Melissa Tso, MB BCh BAO

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Member since 2021

Biography

Hello!

My name is Melissa Tso and I am an internal medicine PGY2 from the University of Saskatchewan. After my recent study, I developed a strong passion for women's cardiovascular health, looking at gender differences in access to our local heart function clinic in Saskatoon. I was shocked by the underrepresentation of women in the heart function clinic. My desire to apply to be a part of this working alliance began after listening to several passionate speakers and their ambition to improve women's health at the women's heart health summit this February. I received lots of questions on my presentation that has driven me to investigate gender differences in heart failure further.

Currently, I am the academic chief resident for the internal medicine residency program at the U of S. Part of my role includes setting up our academic half day teaching sessions. I hope that my participation in the CWHHA can bring further awareness to women's health to our province and enhance education of women's health to our residents and students of Saskatchewan.

I will be applying to cardiology for my fellowship next year and I aspire to receive additional training in women's cardiovascular health. Being part of the CWHHA and liaising with many women's health experts is the first step for me in accomplishing this.

In my spare time, I will be found running outside, summer or winter! It has been an excellent way for me to destress and keep up my cardiovascular health.