



Canadian Women's Heart Health Alliance

Knowledge Translation and Mobilization Working Group | Member Profile



Margaret DeCorte, C.Psych
Woman with Lived Experience
Ottawa, ON
Alliance member since 2018

Biography

Dr. Margaret DeCorte, C.Psych. has been working for over 30 years, first as an academic/research psychologist and later as a practicing clinician. She currently works as a consultant and clinician in the Ottawa area. Dr. DeCorte's specialty is child and family treatment, with a focus on inter-generational patterns. She taught university-level and post-graduate courses in child and family psychology for over 20 years, and has supervised numerous students, residents, and post-doctoral interns.

With a longtime interest in professional ethics, Margaret has been involved in organizing conferences and participating in both clinical and research ethics committees. Dr. DeCorte was a longtime employee of the Royal Ottawa Hospital where she held both administrative and clinical positions. She has also been involved in local, national, and international organizations, working to improve mental health services for children and families.

Dr. DeCorte has published in professional journals as well as popular magazines, and has been interviewed for CBC radio and television broadcasts. Her primary interests have focused on compassionate care for children and families, always working to improve the quality of the patient experience.

Margaret became a patient of the Ottawa Heart Institute in 2019 when she had surgery to repair a valve condition. She is particularly interested in modifiable cardiac factors such as diet, exercise, and stress management. With a longtime practice in meditation, Dr. DeCorte integrates mindfulness and contemplative practice into her work. She has been involved with the Alliance since its inception in 2018, and continues to focus on improving women's cardiac health through individualized, wholistic treatment in the context of multidisciplinary care.