



CANADIAN WOMEN'S
HEART HEALTH CENTRE

NATIONAL
ALLIANCE

Canadian Women's Heart Health Alliance

Advocacy Working Group | Member Profile



Kelsey McLaughlin, PhD

Research Associate

Sinai Health System

Toronto, ON | [@helloconpreg](#)

Alliance member since 2018

consciouspregnancy.ca

pubmed.ncbi.nlm.nih.gov/?term=kelsey+mclaughlin+toronto

Biography:

Dr. Kelsey McLaughlin is a Clinical Research Associate at Mount Sinai Hospital in Toronto, with expertise in preeclampsia, hypertension and maternal cardiovascular health. Dr. McLaughlin completed her PhD in Clinical Pharmacology & Toxicology and Post-Doctoral Fellowship in Obstetrics & Gynaecology at the University of Toronto. Her research program focuses on developing clinical strategies, cardiovascular therapies and health systems to improve outcomes of high-risk pregnancies. Dr. McLaughlin is the founder of the website Conscious Pregnancy (www.consciouspregnancy.ca), which provides Canadian women with accurate, evidence-based information regarding pregnancy and maternal health, and provides trainees with a platform to develop knowledge translation skills.