



Canadian Women's Heart Health Alliance

Advocacy Working Group | Member Profile



Jackie Ratz, BA Hons

Past Co-Chair, Patient Advisory Committee

Woman with Lived Experience

Winnipeg, MB | [@jackie_ratz](#)

Alliance member since 2018

Biography

Jackie graduated from the University of Manitoba with an honours degree in Political Science and Religion. She worked in the fashion industry as an apparel buyer for close to 20 years before going on long term disability due to heart failure. Early in her journey with heart issues she discovered a passion or advocacy. She believes that knowledge is power and set about to not only help herself but to share her knowledge with others. She believes that with support every heart failure person can impact their care through knowledge and self advocacy. Also recognizing the inconsistency for access to care access the country, she hopes to make an impact on a national scale. She has a specific interest in women's heart health care.

In 2017 Jackie started a Facebook support group called "Canadian Women with Medical Heart Issues." She supports Heart & Stroke on various projects locally and nationally. Most actively, she is the Manitoba Champion for HeartLife Foundation of Canada. She has also organized two annual World Heart Day events in her community.