



Canadian Women's Heart Health Alliance

Knowledge Translation and Mobilization Working Group | Member Profile



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Alliance member since: 2018

Biography

Taanishi, Hello,

I am a Métis Assistant professor in the College of Kinesiology at the University of Saskatchewan and was recently awarded the Indigenous Early Career Women's Heart and Brain Health Chair, co-funded by the Canadian Institutes for Health Research and Heart & Stroke Canada. My research focuses on determinants of cardiovascular disease, particularly among women and Indigenous populations, including both new and emerging risk factors. Through this Chair position, I will be evaluating the importance of cultural identity, cultural connectedness and social support as mediating factors for cardiovascular disease determinants. My research experience includes community-based interventions to improve cardiovascular disease determinants. Personally, I have observed several women in my life experience heart disease and the different treatment strategies and outcomes they have taken. My experience working with communities and as an observer of family members provides lived experience and knowledge in sharing positive behaviour changes and empowering individuals to identify and make positive changes in their own lives.

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