



Canadian Women's Heart Health Alliance

Health Systems and Policy Working Group | Member Profile



Donna Hart, BA, University of Waterloo, RSW Registered Social Worker, Ontario College of Social Workers and Social Service Workers

CAN-RESTORE Standard Steering Committee

World Transplant Games Athletic Advisory Committee –
Swimming

Patient Partner, Canadian National Transplant Research Program
(CNTRP)

Gender Outcomes International Group: to Further Well-being
Development (GOING-FWD)

Woman with Lived Experience

Milton, ON | [@recycleyourself](https://www.instagram.com/recycleyourself)

Alliance member since 2018

<https://doi.org/10.1161/JAHA.119.015634>

Biography

In December 2014 I was diagnosed with heart failure, six weeks later with a heart function of 13% I was listed for a heart transplant; May 2015, my life was saved when I received a new heart. I have a pacemaker due to complete heart block post transplant.

I have had a lifelong interest in sports and believe we should make activity part of our everyday life. I have competed in two Canadian transplant Games and one World Transplant Games in cycling and swimming events.

I enjoy volunteering. I have been married, for over thirty years and have two adult children.

I am excited and honoured to be a patient partner with Canadian Women's Heart Health Alliance.