



## Canadian Women's Heart Health Alliance

### Training and Education Working Group | Member Profile



**Anita Pozgay, MD, FRCPC, Dip Sport Med**

Emergency Physician, The Ottawa Hospital  
Assistant Professor, Department of Emergency Medicine  
University of Ottawa  
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Ottawa, ON  
Member since 2018

#### Biography

Anita is an Assistant Professor in Emergency Medicine at the Ottawa Hospital. She obtained her FRCPC in Emergency Medicine from the University of Alberta in 2000 and her Diploma in Sport & Exercise Medicine in 2004. She also works as a Sports Medicine Physician at Human 2.0 in Ottawa. Working in the front lines of the hospital, she is experienced in timely recognition and care of patients with various cardiovascular presentations. As a sports medicine practitioner, she has the opportunity to educate and prescribe exercise to patients. An interest in women's health and preventative medicine has led her to embark on this working group opportunity!