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Biography

Dr. Paul Oh is Medical Director and GoodLife Fitness Chair of the Cardiac Disease Prevention and Rehabilitation Program at the University Health Network – Peter Munk Cardiac Centre and Toronto Rehabilitation Institute, and Associate Professor of Medicine, University of Toronto. He obtained his M.D. from the University of Toronto in 1988 and completed specialty training in Internal Medicine, Clinical Pharmacology, and Clinical Epidemiology with a focus on the management and evaluation of risk factors and lifestyle interventions for cardiovascular, metabolic and other chronic diseases. He is Past President of the CACPR, and sits on a number of advisory committees related to cardiovascular health.