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Biography

Dr. Heather Tulloch is Clinical, Health and Rehabilitation Psychologist at the University of Ottawa Heart Institute, and an Assistant Professor with the Faculty of Medicine and the School of Psychology at the University of Ottawa. Her research has examined a variety of issues related to quality of life and health behaviour change, including physical activity, smoking cessation, treatment knowledge, and sexual health. She is the Principal Investigator on a HSFO-funded trial examining the effectiveness of pharmacotherapy and counselling for smoking cessation in participants with mental and physical health issues. As a clinician, she provides psychological assessment and intervention services to patients coping with various medical conditions.