Hosted by the University of Ottawa Heart Institute (UOHI) and Heart & Stroke, the second Canadian Women’s Heart Health Summit took place April 5-6, 2018 at the Westin Ottawa Hotel located in downtown Ottawa, Ontario.

Building on the success of the April 2016 Summit, this event brought together national and international experts and stakeholders to further advance women’s heart health. Together, we will transform and enhance Canadian women’s lives through research, awareness, policy development and care.

This was an accredited opportunity for knowledge exchange for a variety of stakeholders including primary care providers, cardiologists, gynecologists, pharmacists, nurses, cardiac rehabilitation providers, allied healthcare providers, researchers, policy makers, Indigenous organizations, community partners and women with lived experience.

SUMMIT OBJECTIVES

• Bring together national and international leaders, knowledge-users and women with lived experience to strengthen our capacity to develop and disseminate strategies to improve cardiovascular health among women.

• Identify emerging areas in research and clinical practice centered upon cardiovascular conditions affecting women across their lifespan.

• Delineate strategies for addressing the gaps in research and clinical practice for cardiovascular disease in women, improving risk stratification, diagnosis and therapy from a sex and gender perspective.

SUMMIT HIGHLIGHTS

• 212 delegates
• 31 presentations
• 51 poster presentations
• 6 rapid fire oral presentations
• 4 networking events
• 3 awards
• 10 media stories
• 1 Facebook Live session with over 4.6K views
AGENDA AND SPEAKERS

THURSDAY, APRIL 5, 2018
Confederation Ballroom

7:30 - 8:30  Registration and Continental Breakfast

8:30 - 9:10  Introductory Comments
- Elder Verna McGregor
  Minwaashin Lodge | Ottawa, ON
- Thais Coutinho, MD
  Co-Chair, Canadian Women’s Heart Health Summit
  University of Ottawa Heart Institute | University of Ottawa | Ottawa, ON
- Colleen Johnston
  Co-Chair, Canadian Women’s Heart Health Summit
  Heart & Stroke | Toronto, ON
- Ginette Petitpas Taylor (Video message can be viewed at https://vimeo.com/261863260/86db12800e)
  Minister of Health | Ottawa, ON
- Yves Savoie, MBA
  Heart & Stroke | Toronto, ON
- Lisa McDonnell, BSc, MSc, EMBA
  Canadian Women’s Heart Health Centre | University of Ottawa Heart Institute | Ottawa, ON

9:10 - 10:00  KEYNOTE PRESENTATION: Women’s Cardiovascular Health Across the Lifespan:
              Key Opportunities for Prevention and Maximization of Health
- Sonia Anand, MD, PhD, FRCPC
  Hamilton Health Sciences | McMaster University | Hamilton, ON

10:00 - 10:20  Refreshment Break | Networking in Exhibit Hall

10:20 - 11:20  THEME: Maternal Placental Syndromes and Cardiovascular Health
- Cardiovascular Health After Maternal Placental Syndromes and The Maternal Health Clinic: An Initiative
  for Cardiovascular Risk Reduction in Women with Pregnancy-Related Complications
  Graeme Smith, MD, PhD, FRCSC
  Kingston Health Sciences Centre | Kingston, ON
- Clinical Management Guidelines: Hypertension During and After Pregnancy
  Kara Nerenberg, MSc, MD
  University of Calgary | Calgary, AB
- Ask the Experts Panel Discussion
  Moderated by: Thais Coutinho, MD
  University of Ottawa Heart Institute | University of Ottawa | Ottawa, ON

11:20 - 11:50  Autoimmune Disease in Women: A Novel Risk Factor
- Paula Harvey, BMBS, PhD, FRACP
  Women’s College Hospital | Toronto, ON
11:50 - 12:50  Lunch

12:15 - 12:45  LUNCH AND LEARN SESSION - Governor General Room 1
From Fads to Facts: Keto Diet, Intermittent Fasting and the Mediterranean Diet
Kathleen Turner, RD
University of Ottawa Heart Institute | Ottawa, ON

Premature Coronary Artery Disease in Women: Lessons Learned from GENESIS-PRAXY
Louise Pilote, MD, MPH, PhD, FRCPC
McGill University | Montreal, QC
Smoking and Young Women: Real Challenges and Distinct Opportunities
Kerri-Anne Mullen, MSc, PhD
University of Ottawa Heart Institute | Ottawa, ON
Physical Activity: Are Young Women Getting Enough?
Stephanie Prince Ware, MSc, PhD
University of Ottawa Heart Institute and Public Health Agency of Canada | Ottawa, ON
Ask the Experts Panel Discussion
Moderated by: Karin H. Humphries, MBA, DSc
University of British Columbia and UBC-Heart and Stroke Foundation BC Centre for Improved Cardiovascular Health | Vancouver, BC

13:50 - 14:20  Cardiovascular Health in Indigenous Women: Current State of Affairs and Emerging Areas for Improvement
Marcia Anderson, MD, MPH, FRCPC
University of Manitoba | Winnipeg, MN

14:20 - 14:40  Refreshment Break | Networking in Exhibit Hall

Myocardial Infarction With Nonobstructive Coronary Arteries (MINOCA) in Women: Clinical Presentation, Diagnosis and Treatment
John F. Beltrame, PhD, FRACP, FESC, FACC, FCSANZ, FAHA
University of Adelaide, Queen Elizabeth Hospital and Central Adelaide Local Health Network | Adelaide, AU

Diagnostic Testing in Women with Chest Pain: Which Test Should I Order?
Sharon L. Mulvagh, MD, FRCPC, FACC, FASE, FAHA
Mayo Clinic, Maritime Heart Center Women’s Heart Health Clinic | QEII Health Sciences Center, Nova Scotia Health Authority and Dalhousie University | Halifax, NS

Psychosocial Risk Factors: Their Role in the Clinical Manifestation of Coronary Disease and Chest Pain in Women
Viola Vaccarino, MD, PhD
Emory University | Atlanta, GA

Ask the Experts Panel Discussion
Moderated by: Karin H. Humphries, MBA, DSc
University of British Columbia and UBC-Heart and Stroke Foundation BC Centre for Improved Cardiovascular Health | Vancouver, BC

15:40 - 16:40 THE DEBATE: Women with Heart Disease Should be Cared for in a Specialized Women’s Heart Clinic

Protagonist: Peter Collins, MA, MD (Cantab), FRCP, FACC, FESC
National Heart and Lung Institute, Imperial College London and Royal Brompton Hospital
London, England, UK

Antagonist: Paul Oh, MSc, MD, FRCP
University Health Network, Peter Munk Cardiac Centre and Toronto Rehabilitation Institute
Toronto, ON

Chairperson: Robert Reid, PhD, MBA
University of Ottawa Heart Institute and University of Ottawa | Ottawa, ON

16:40–17:00 Closing Remarks
Thais Coutinho, MD
University of Ottawa Heart Institute and University of Ottawa | Ottawa, ON

17:00–18:30 Wine and Cheese Poster Session

19:00–22:00 Networking Reception and Dinner | The Albion Rooms
AGENDA AND SPEAKERS

FRIDAY, APRIL 6, 2018
Confederation Ballroom

7:30 - 8:30  Registration and Continental Breakfast

8:30 - 8:35  Introductory Comments
Lisa McDonnell, BSc, MSc, EMBA
Canadian Women’s Heart Health Centre
University of Ottawa Heart Institute | Ottawa, ON

8:35 - 9:35  THEME: Risk Factor Management: Sex-Specific Considerations Hypertension
Thais Coutinho, MD
University of Ottawa Heart Institute | University of Ottawa | Ottawa, ON

Diabetes
Amel Arnaout, MD
The Ottawa Hospital | Ottawa, ON

Lipids/Statins
Todd J. Anderson, MD, FRCPC
Libin Cardiovascular Institute, University of Calgary and Alberta Health Services | Calgary, AB

Ask the Experts Panel Discussion
Moderated by: Martha Gulati, MD, MS, FACC, FAHA, FASPC
University of Arizona | Phoenix, AZ

9:35 - 10:30  THEME: Cardiac Rehabilitation and Women

Cardiac Rehabilitation and Secondary Prevention 2018: Contemporary Issues and Contemporary Approaches
Robert Reid, PhD, MBA
University of Ottawa Heart Institute | University of Ottawa | Ottawa, ON

Cardiac Rehabilitation Benefits for Women…So How Do We Increase Utilization?
Sherry L. Grace, PhD, FCCS
University Health Network | Toronto, ON

Program Delivery Models for Women with Heart Disease
Scott Lear, PhD
St. Paul’s Hospital, Simon Fraser University and Providence Health Care | Vancouver, BC

Ask the Experts Panel Discussion
Moderated by: Paul Oh, MSc, MD, FRCPC
University Health Network, Peter Munk Cardiac Centre and Toronto Rehabilitation Institute | Toronto, ON
10:30 - 10:45  Refreshment Break | Networking in Exhibit Hall

11:45 - 11:15  Atrial Fibrillation: Does Sex Matter?
Paul Dorian, MD, CM
St. Michael’s Hospital | Toronto, ON

11:15 - 12:00  Knowledge Transfer Breakout Sessions - Governor General Room

1. A Fireside Chat: How to Design and Implement a Women's Heart Health Program
Tara L. Sedlak, MD, FRCPC
Leslie Diamond Women’s Heart Centre | Vancouver General and UBC Hospitals | University of British Columbia | Vancouver, BC
Lisa McDonnell, BSc, MSc, EMBA
Canadian Women’s Heart Health Centre | University of Ottawa Heart Institute | Ottawa, ON
Wendy Wray, RN, BScN, MScN
Women’s Healthy Heart Initiative | McGill University Health Centre | Montreal, QC
Moderated by: Sharon L. Mulvagh, MD, FRCPC, FACC, FASE, FAHA
Mayo Clinic, Nova Scotia Health Authority | Dalhousie University | Halifax, NS

2. Emerging Areas in Women’s Cardiovascular Health Research - Confederation Ballroom
Karin H. Humphries, MBA, DSc
University of British Columbia and UBC-Heart and Stroke Foundation BC Centre for Improved Cardiovascular Health | Vancouver, BC

3. Clinical Conundrums in Pregnancy - Nova Scotia and Newfoundland Room
Case #1 - Woman With a Mechanical Heart Valve who is Pregnant
Nandita Srividya Scott, MD
Massachusetts General Hospital | Boston, MA
Case #2 - Woman With Complex Congenital Heart Disease who is Pregnant
Jasmine Grewal, MD, FRCPC
University of British Columbia , St. Paul's Hospital | Vancouver, BC
Moderated by: Michele Turek, MDCM, FRCPC
Co-Chair, Canadian Women’s Heart Health Summit
The Ottawa Hospital and University of Ottawa Heart Institute | Ottawa, ON

4. In Their Own Words - The Day in the Life of a Women’s Heart Health Advocate - Québec Room
Marion Martell
Women@Heart Peer Leader | University of Ottawa Heart Institute | Ottawa, ON
Helen Robert
Women@Heart Peer Leader | University of Ottawa Heart Institute | Ottawa, ON
Nadine Elias, BSc, KIN
University of Ottawa Heart Institute | Ottawa, ON
12:00 - 13:00  Lunch

12:15 - 13:00  Career Mentoring Session - Governor General 1 Room  (Pre-Registration Required)

13:00 - 13:45  The Burden of Heart Disease: The Voices of Women
   Facebook Live Session: can be viewed at: www.facebook.com/CWHHS
   Punam Gill | Calgary, AB
   Louise Durocher | Pontiac, QC
   Esther Sanderson | The Pas, MB
   Moderated by: Caroline Lavallée | Montreal, QC

13:45 - 14:40  Rapid Fire Oral Presentations
   Multiple Presenters
   Moderated by: Lisa McDonnell, BSc, MSc, EMBA
   University of Ottawa Heart Institute | Ottawa, ON

14:40 - 15:00  Refreshment Break | Networking in Exhibit Hall

15:00 - 16:00  THEME: Hormones and Cardiovascular Disease
   Contraceptives and Hormone Replacement Therapy: Do They Impact Cardiovascular Health?
   Ruth McPherson, PhD, MD, FRCPC, FACP, FRCS
   University of Ottawa Heart Institute | Ottawa, ON
   Premature Ovarian Insufficiency (POI): Influence on Cardiovascular Risk
   Jennifer Blake, MD, FRCSC
   The Society of Obstetricians Gynaecologists of Canada | Ottawa, ON
   Sex and Venous Thromboembolism
   Marc Rodger, MD, FRCPC, MSc (Epidemiology)
   University of Ottawa and The Ottawa Hospital | Ottawa, ON
   Ask the Experts Panel Discussion
   Moderated by: Michèle de Margerie, MD, CCFP
   University of Ottawa Heart Institute | University of Ottawa | Ottawa, ON

16:00 - 16:40  KEYNOTE PRESENTATION: Health Care Gaps for Women: Attributions to Sex Differences in
   Cardiovascular Medicine and Steps for Creating an Equitable Health Care System
   C. Noel Bairey Merz, MD, FACC, FAHA
   Cedars-Sinai Medical Center | Los Angeles, CA

16:50 - 17:00  Awards Ceremony and Closing Remarks
   Thais Coutinho, MD
   University of Ottawa Heart Institute and University of Ottawa | Ottawa, ON
   Michele Turek, MDCM, FRCPC
   The Ottawa Hospital and University of Ottawa Heart Institute | Ottawa, ON
   Anne Simard, MHSc
   Heart & Stroke | Toronto, ON
RAPID FIRE ORAL PRESENTATIONS
See special women’s heart health April 2018 issue of the Canadian Journal of Cardiology for full abstracts.
Available online at onlinecjc.ca

FRIDAY, APRIL 6, 2018 | 13:45 - 14:40 | Confederation Ballroom

1. Coronary Microvascular Dysfunction is Associated with cBIN1 Score (CS)– Insights from the Women’s Ischemia Syndrome Evaluation – Coronary Vascular Dysfunction (WISE-CVD) Continuation Study
   Christine Pacheco | Los Angeles, California, USA

2. Gender and Tobacco Marketing in Social Media: How Celebrity Smoking Culture is Conveyed and Perceived by Young Women
   Harsha Kasi Vishwanathan | Toronto, Ontario, Canada

3. Sex Differences in the Incidence and Outcomes of Newly Diagnosed Atrial Fibrillation-Related Stroke
   Jodi Edwards | Ottawa, Ontario, Canada

4. Preterm Birth and Future Risk of Maternal Cardiovascular Disease: A Systematic Review and Meta-Analysis
   Martha Gulati | Phoenix, Arizona, USA

5. A Population-Based Study Evaluating Differences in Admission Rates and Outcomes Between Men and Women Presenting to Emergency Departments with a Primary Diagnosis of Syncope
   Roopinder Sandhu | Edmonton, Alberta, Canada

6. The State of Affairs for Cardiovascular Health Research in Indigenous Women in Canada: A Scoping Review
   Stephanie Prince Ware | Ottawa, Ontario, Canada
POSTER PRESENTATIONS

See special women’s heart health April 2018 issue of the Canadian Journal of Cardiology for full abstracts.
Available online at onlinecjc.ca

THURSDAY, APRIL 5, 2018 | 17:00 - 18:30 | Wine and Cheese Poster Session | Confederation Foyer

1. Psychological Distress and Quality of Life long after Takotsubo Syndrome
A Hausvater, TM Spruill, HR Reynolds | New York City, New York, USA

2. A Narrative Inquiry into Women’s Cardiovascular Health as Promoted by the Heart and Stroke Foundation of Canada (HSFC) to the Public Through Facebook.
CA Gonsalves, KR McGannon, A Pegoraro, RJ Schinke | Sudbury, Ontario, Canada

3. Pregnancy Risks and Future Cardiovascular Health: A Missed Opportunity for Women’s Health Across the Lifespan?
D Elman, H Davidson, S Bhat, K Fleming | Toronto, Ontario, Canada

4. Cardiovascular Risk Factors in Women with History Hypertensive Disorder of Pregnancy Seen at Post Partum Maternal Health Clinic: A Retrospective Study
K Fleming, D Steinberg, S Poon | Toronto, Ontario, Canada

5. Pregnancy Complications and Future Cardiovascular Health: Survey of Academic Family Physicians
K Fleming, S Bhat | Toronto, Ontario, Canada

6. Women Postpartum Cardiovascular Health: What Do Women Need to Know About Their Heart Health When Meeting Their Family Physician After Pregnancy?
S Bhat, K Fleming | Toronto, Ontario, Canada

7. Sex Differences in Aerobic Interval Training in Patients with Cardiovascular Disease
D Chirico, ML Keast, T Terada, JL Reed | Ottawa, Ontario, Canada

8. Sex Differences in End-Criteria for Reaching Maximal Oxygen Consumption in Patients with Cardiovascular Disease
D Chirico, HK Hans, T Terada, KG Scott, JL Reed | Ottawa, Ontario, Canada

9. Effect of Sex on Incidence of Post-Operative Atrial Fibrillation in Cardiac Surgery Patient
J Ngu, D Tran, F Rubens | Ottawa, Ontario, Canada

10. The Association Between Time in Canada and Diet Quality in South Asian Immigrants: A Study of Pregnant Women
J Limbachia, D Desai, RJ de Souza, G Wahi, MK Gupta, SS Anand | Hamilton, Ontario, Canada

11. Sex Differences in the Associations of Arterial Stiffness and Pulsatile Hemodynamics with Thoracic Aortic Aneurysm Size
J Jue, M Boodhwani, L Beauchesne, C Dennie, K Chan, T Coutinho | Ottawa, Ontario, Canada

12. High Burden of Frailty in Women Participating in Cardiac Rehabilitation
K Liu, M Landry, F Delos-Reyes, P Harvey, J Price | Toronto, Ontario, Canada
13. The High Stress of Caregiving on Women Living With a Cardiovascular Health Condition
   J Price, D Restrepo Gomez, L Drazek, F Delos-Reyes, D Childerhose, M Landry, P Harvey | Toronto, Ontario, Canada

14. Postural Orthostatic Tachycardia Syndrome (POTS) and Cardiac Rehabilitation: Successes and Challenges
   F Delos-Reyes, P Harvey, D Childerhose, M Landry, J Price | Toronto, Ontario, Canada

15. A Heart Health Promotion Initiative for Women at Moderate/High Risk for Cardiovascular Disease: The Women’s Perspective
   JV Sawatzky, S Santos, TA Duhamel | Winnipeg, Manitoba, Canada

16. Strategies to Enhance Participation in a Cardiac Rehabilitation Program (STEP): Barriers to Success
   JV Sawatzky, S Santos, AE Ready, T Sawicz-Hanesiak | Winnipeg, Manitoba, Canada

17. Cardiovascular Related Outcomes and Receipt of Statin Therapy in Women with Hypertensive Disorders of Pregnancy 4 Years After Delivery
   C Wen, A Metcalfe, T Anderson, K Nerenberg | Calgary, Alberta, Canada

18. Living with Stroke: A Woman’s Experience of Stroke From Hospital to Home and Beyond
   D Kandola, D Banner, B Croome | Prince George, British Columbia, Canada

19. Redemption Characteristics and Quit Rates in a Cohort of Female Inpatients Receiving Quit Cards for Smoking Cessation - A Pilot Study
   KL Walker, SM Noble, G Pritchard, K Jessup, KA Mullen | Ottawa, Ontario, Canada

20. Examining the Microvasculature Following a Pregnancy Complicated by Preeclampsia
   LC Barr, C Sumner, GN Smith | Kingston, Ontario, Canada

21. Longer-Term Objective Cognitive Performance in Women with Versus Without a History of Preeclampsia: Results from the Longitudinal CARDIA Cohort
   N Dayan, M Elharram, A Kaur, L Pilote | Montréal, Québec, Canada

   M Elharram, N Dayan, A Kaur, T Landry, L Pilote | Montréal, Québec, Canada

23. Does a Women’s Heart Centre Change Clinical Outcomes in Women with Refractory and Undiagnosed Chest Pain Syndromes?
   M Parvand, K H Humphries, J E Park, N Prodan-Bhalla, A Starovoytov, T Sedlak | Vancouver, British Columbia, Canada

24. Sex-Related Differences in Aortic Stenosis Lesions are Present in Bicuspid and Tricuspid Aortic Valves
   M Hervault, M Shen, M Clisson, MC Boulanger, P Mathieu, MA Clavel | Québec City, Québec, Canada

25. Defining Mechanistic Links Between Ischemia and No Obstructive Coronary Artery Disease and Heart Failure with Preserved Ejection Fraction: Role of Peripheral Vascular Stiffness
   MD Nelson, P Rezaeian, G Cook-Wiens, C Pacheco Claudio, J Wei, B Sharif, LEJ Thomson, B Samuel, D Berman, CL Shufelt, CN Bairey Merz | Los Angeles, California, USA

26. Cardiac Monitoring in HER2 Positive Breast Cancer: Life-Saving Prevention or Hindrance to Cancer Care?
   M Rushton, I Lima, S Hawken, S Dent | Ottawa, Ontario, Canada
27. The Self-Management of Cardiac Pain in Women with Coronary Artery Disease: A Systematic Review and Meta-Analysis
M Parry, AK Bjørnnes, JC Victor, AP Ayala, E Lenton, H Clarke, P Harvey, C Laloo, J McFetridge-Durdle, M McGillion, J Price, J Stinson, J Watt-Watson | Toronto, Ontario, Canada

28. The Women@Heart Program: Impact of a Peer Support Program for Women with Coronary Artery Disease
N Elias, R Reid, T Coutinho, LA McDonnell | Ottawa, Ontario, Canada

29. Treadmill Exercise Responses in Newly Diagnosed Hypertensive African Women
O Lamai, M Balogun, F Daniel, T Coutinho | Ottawa, Ontario, Canada

30. Strategic Framework for Monitoring the Quality of Heart and Brain Care in Canada
MP Lindsay, C Goia, C Yip | Toronto, Ontario, Canada

31. Arterial Stiffness Ventricular Remodeling and Myocardial Perfusion in Coronary Microvascular Dysfunction: A Report from the WISE-CVD Continuation Study
P Rezaeian, CL Shufelt, J Wei, C Pacheco, G Cook-Wiens, D Berman, B Tamarappoo, LE Thomson, MD Nelson, RD Anderson, J Petersen, EM Handberg, CJ Pepine, CN Bairey Merz | Los Angeles, California, USA

32. Epicardial Thoracic and Liver Fat Are Not Associated with Myocardial Steatosis in Patients with Heart Failure with Preserved Ejection Fraction: WISE-CVD Continuation Study
P Rezaeian, J Wei, M Goeller, LS Szczepaniak, G Cook-Wiens, RS Marpuri, D Berman, B Tamarappoo, MD Nelson, LE Thomson, D Dey, CN Bairey Merz | Los Angeles, California, USA

33. Cardiovascular Risk Assessment and Follow-Up of Women After Hypertensive Disorders of Pregnancy
R Gladstone, J Pudwell, G Smith | Kingston, Ontario, Canada

34. Does Gender Impact Heart Failure Readmissions in Older Patients?
R Hassan, N Azad | Ottawa, Ontario, Canada

35. Predicted Versus Observed Major Adverse Cardiac Event Risk in Women with Evidence of Ischemia and No Obstructive Coronary Artery Disease: A Report from Women’s Ischemia Syndrome Evaluation (WISE)
T Sedlak, R Herscovici, G Cook-Wiens, E Handberg, J Wei, C Shufelt, V Bittner, S E. Reis, N Reichek, C Pepine, C, N Bairey Merz | Los Angeles, California, USA

36. Estrogen Receptor Regulation of the Heart in an Animal Model of Menopause
RD Fernandes, A Hall, V Balasubramaniam, I Lorenzen-Schmidt, WG Pyle | Guelph, Ontario, Canada

37. Reducing Over Investigation of Women with Stable Chest Pain at Low/Intermediate Risk for Coronary Artery Disease: The Rationale for the RESOLVE Trial
E Nguyen, V Lemieux, J Udell, K Hanneman, S Bhatia, N Ivers, P Harvey | Toronto, Ontario, Canada

38. Serum Anti-Mullerian Hormone Levels and Measures of Arterial Stiffness in Women
S Dumanski, C Kalenga, S Ramesh, K Nerenberg, A Metcalfe, J MacRae, D Sola, S Ahmed | Calgary, Alberta, Canada

39. Effects of Pre-Eclampsia on Maternal and Paediatric Health at 10 Years Postpartum
S Chan, J Pudwell, GN Smith | Kingston, Ontario, Canada

40. Maternal Cardiovascular Health – Improving Post-Partum Follow-Up
S Chan, C Nowik, J Pudwell, GN Smith | Kingston, Ontario, Canada

41. Women’s Perceptions of Heart Health Messages
T Berry, T Oliphant, and C Norris | Edmonton, Alberta, Canada
42. Sex Differences in Perceived Health and Cardiovascular Risk Profiles in Patients Enrolled in Cardiac Rehabilitation
   T Terada, D Chirico, AL Pipe, JL Reed | Ottawa, Ontario, Canada

43. The Women’s Heart Health Programme: A Pilot Trial Of Sex-Specific Cardiovascular Management
   TT Low, SP Chan, SH Wai, A Zhou, K Kyu, KY Lee, A Ching, S Comer, N Tan, E Thong, T Nang, M Dutta, C Lam | Singapore

44. Pre-Frailty and Cardiovascular Disease Risk in Women Age 55 Years and Older
   TA Duhamel, KF Boreskie, DS Kehler, EC Costa, PC Cortez, NC Hamm, TL Moffatt, AN Stammers, DE Kimber, BM Hiebert, DE Kent, DE Cornish, H Blewett, T Nguyen, RC Arora, SM Strachan, BN Semenchuk, JL Hay, I Berkowitz Winnipeg, Manitoba, Canada

45. Gender-Related Determinants of Smoking Behavior After Premature Acute Coronary Syndrome
   V Raparelli, A Kaur, M Elharram, H Behlouli, L Pilote | Montréal, Québec, Canada

46. Myocardial Infarction with No Obstructive Coronary Artery Disease: Insights from GENESIS PRAXY cohort
   V Raparelli, M Elharram, A Shimony, MJ Eisenberg, AN Cheema, L Pilote | Montréal, Québec, Canada

47. Assessing the Consistency and Quality of the Evidence for the Association Between Dietary Factors and Gestational Diabetes Mellitus: A Systematic Review and Meta-Analysis of Prospective Cohort Studies and Randomized Controlled Trials
   V Ha, B Keating, R Arora, T Tieu, A Noori, L Banfield, J Beyene, S Anand, R de Souza | Hamilton, Ontario, Canada

48. Diet, Pre-eclampsia and Gestational Hypertension: A Systematic Review and Meta-Analysis of Prospective Cohort Studies and Randomized Controlled Trials
   V Ha*, B Keating*, R Arora, T Tieu, A Noori, L Banfield, J Beyene, S Anand, R de Souza *Contributed equally | Hamilton, Ontario, Canada

49. Women & Outpatient Cardiac Rehabilitation: Time for a Paradigm Shift
   TJF Colella, P Oh, J Angus | Toronto, Ontario, Canada

50. Recreational Cannabis Use Among Women in Canada: A Descriptive Analysis of a National Survey
   T Jose, SM Noble, KM Mullen | Ottawa, Ontario, Canada

51. Understanding Barriers and Facilitators to Changing Diet and Physical Activity Patterns in South Asian Women at Risk of Gestational Diabetes Mellitus: A Pilot Qualitative Study (DESI-GDM Q)
   S Kandasamy, L Nyguen, D Sherifali, P Ritvo, SS Anand, RJ de Souza | Hamilton, Ontario, Canada
DELEGATE DEMOGRAPHICS

A total of 212 delegates attended the Summit, which was comprised of primary care providers, cardiologists, gynecologists, pharmacists, nurses, cardiac rehabilitation providers, allied healthcare providers, researchers, policy makers, Indigenous organizations, community partners and women with lived experience from across Canada, United States, Australia and the United Kingdom.
DELEGATE TESTIMONIALS

“Nice variety of presentation formats!”

“The expertise of presenters and relevance of subjects with multidisciplinary teams”

“My first time at this summit. I would definitely come again”

“Good job. I came. I enjoyed. I learned.”

“Pleased to see a largely female expert list of speakers at a cardiology conference”

“I thought it was a great mix for your diverse audience”

“knowledge validation and new knowledge, learning and networking”

“The theme of cardiovascular disease across the lifespan really spoke to the various aspects and differences in women’s heart health.”

“Well organized, on time, relevant, focused”

“Excellent conference: interesting & inspiring”

“The poster session was incredible. The overall organization was excellent.”
NETWORKING EVENTS

THURSDAY, APRIL 5, 2018

MEET THE EXPERTS NETWORKING SESSION
Exhibit Hall
This session provided an additional opportunity for delegates to further connect and network with Summit speakers throughout the two days.

MORNING REFRESHMENT BREAK: 10:00-10:20
(Dr. Sharon Mulvagh, Dr. Paula Harvey, Dr. Martha Gulati, Dr. Michele Turek)

AFTERNOON REFRESHMENT BREAK: 14:20-14:40
(Dr. Viola Vaccarino, Dr. Todd Anderson, Dr. Kerri Mullen, Dr. Kara Nerenberg)

WINE AND CHEESE POSTER SESSION
17:00 - 18:30, Confederation Foyer
We are thrilled to say that in our second year we have more than doubled the number of abstract presenters to 51 posters. Presenters took part in this session to provide delegates a snapshot into the wide variety of research being conducted related to the conference theme, “women’s cardiovascular health across the lifespan”. Delegates were encouraged to ask questions and network with delegates and speakers.

NETWORKING RECEPTION AND DINNER
19:00 - 22:00, The Albion Rooms, Heritage Room
Over 90 guests took part in this elegant, fun-filled evening at The Albion Rooms featuring local and contemporary ‘farm-to-table’ cuisine. Delegates networked with colleagues and friends while enjoying a heart-healthy 3-course platted dinner, delicious wine and wonderful company in a relaxing and intimate setting.
NETWORKING EVENTS

FRIDAY, APRIL 6, 2018

MEET THE EXPERTS NETWORKING SESSION
Exhibit Hall

MORNING REFRESHMENT BREAK: 10:30-10:45
(Dr. C Noel Bairey Merz, Dr. Graeme Smith, Dr. Bob Reid, Dr. Karin Humphries)

AFTERNOON REFRESHMENT BREAK: 14:40-15:00
(Wendy Wray, Caroline Lavallée, Dr. Thais Coutinho, Dr. Tara Sedlak)

CAREER MENTORING SESSION – FOR CLINICAL AND RESEARCH TRAINEES
12:15 - 13:00, Governor General 1

This year, we were excited to bring a new networking opportunity to trainees. This highly successful career mentoring session hosted 11 mentors and 45 trainees and included a 45-minute round table with experts in the field of women’s heart health. It was an invaluable opportunity for graduate students, fellows and early-career researchers to discuss their research projects, programs, and career development plans with each other and with leading researchers and clinicians in their fields.

The event included predetermined round table sessions and mentoring discussions about works-in-progress, theoretical problems, practical issues, future directions and career suggestions – all within an informal setting.
AWARDS

2018 CANADIAN WOMEN’S HEART HEALTH ADVOCACY AWARD

The 2018 Canadian Women’s Heart Health Advocacy Award recognizes the contributions of an individual or group working to improve the heart health of women in Canada through advocacy, awareness, and support. The award recognizes the outstanding commitment in mobilizing women and health professionals to take heart health seriously and act to reduce women’s risk of heart disease.

We were very fortunate in our second year to receive so many high quality nominations. The award was presented to the winning individual during the closing ceremonies of the Canadian Women’s Heart Health Summit on Friday April 6, 2018. The winner received an award of recognition plaque and a cheque for $500.

CONGRATULATIONS TO OUR 2018 CANADIAN WOMEN’S HEART HEALTH ADVOCACY AWARD WINNER:

Karen Fleming, MD
Division Lead, Sunnybrook Family Medicine Obstetrics
Interim Chief, Department of Family and Community Medicine
Department of Family and Community Medicine
Sunnybrook Health Sciences Centre | Toronto, ON

Kara Nerenberg, MSc, MD
Assistant Professor, University of Calgary
Departments of Medicine, Obstetrics & Gynecology, Community Health Sciences
Division of General Internal Medicine (Obstetric Medicine)
Calgary, AB

Joannie Rochette
Women’s Heart Health Advocate | Montreal, QC

Esther Sanderson
Director of Aboriginal Languages and Culture
University College of the North | The Pas, MB

Tara L. Sedlak, MD, FRCPC
Cardiologist, Vancouver General, St. Paul’s, and UBC Hospitals
Clinical Assistant Professor
University of British Columbia | Vancouver, BC

IN PHOTO: Anne Simard, Chief Mission and Research Officer at Heart & Stroke and Marion Martell, Women @ Heart Ambassador, Canadian Women’s Heart Health Centre at the University of Ottawa Heart Institute

On behalf of the Advocacy Award Committee and the Canadian Women’s Heart Health Summit Planning Committee, we extend our heartfelt thanks to all who submitted nominations.
BEST RAPID FIRE ORAL PRESENTATION AWARD

The **WINNER** for 2018 Best Rapid-Fire Oral Presentation was Dr. Jodi Edwards from the University of Ottawa Heart Institute for her abstract titled:

*Sex Differences in the Incidence and Outcomes of Newly Diagnosed Atrial Fibrillation-Related Stroke.*

BEST POSTER PRESENTATION AWARD

The **WINNER** for the 2018 Best Poster Presenter was Vanessa Ha from McMaster University for her abstract titled:

*Assessing the Consistency and Quality of the Evidence for the Association Between Dietary Factors and Gestational Diabetes Mellitus: A Systematic Review and Meta-Analysis of Prospective Cohort Studies and Randomized Controlled Trials*

IN PHOTO: Vanessa Ha, PhD Candidate from McMaster University and Dr. Michele Turek, Co-Chair, Canadian Women’s Heart Health Summit

IN PHOTO: Dr. Jodi Edwards, Scientist and Director Brain and Heart Nexus Research Program at the University of Ottawa Heart Institute and Dr. Michele Turek, Co-Chair, Canadian Women’s Heart Health Summit.
MEDIA COVERAGE

APRIL 5, 2018

RADIO ONE OTTAWA 91.5 FM
Dr. Thais Coutinho gave an interview to Robyn Bresnahan (Ottawa Morning).
http://www.cbc.ca/player/play/1203260483925

ICI RADIO-CANADA PREMIÈRE OTTAWA-GATINEAU, 90,7 FM
Dr. Michèle de Margerie gave an interview to Philippe Marcoux (Les Matins d’ici).
https://ici.radio-canada.ca/premiere/emissions/Les-matins-d-ici/segments/entrevue/66409/sante-cardiaque-femmes-ottawa

1310 NEWS
Dr. Thais Coutinho gave an interview to Rick Gibbsons (Rick Gibbsons Show).
http://www.1310news.com/audio/the-rick-gibbons-show/ (April 5, first interview, 2nd hour)

ICI RADIO-CANADA PREMIÈRE OTTAWA-GATINEAU, 90,7 FM
Dr. Michèle de Margerie and Marie-Annick Clavel (Université Laval), Suzanne Hudon and Caroline Lavallée gave an interview to Josée Guérin (Sur le vif).

ICI RADIO-CANADA PREMIÈRE OTTAWA-GATINEAU
Dr. Michèle de Margerie, Marie-Annick Clavel (Université Laval) and Suzanne Hudon gave an interview to Godefroy Macaire Chabi. https://ici.radio-canada.ca/nouvelle/1093492/sante-cardiaque-femmes-premiere-ligne-rencontre-scientifique-ottawa

GLOBAL NEWS
Dr. Thais Coutinho, Dr. Kara Nerenberg (University of Calgary) and Punam Gill gave an interview to Lesley Young.
MEDIA COVERAGE

APRIL 6, 2018

CTV OTTAWA
Dr. Michele Turek gave an interview to Annette Goenner (CTV Morning Live).
https://ottawa.ctvnews.ca/video?binId=1.1487308

CTV OTTAWA
Dr. Thais Coutinho, Dr. Sonia Anand (McMaster University), Punan Gill and Helen Robert gave an interview to Claudia Cautillo (CTV News).
https://ottawa.ctvnews.ca/video?clipId=1365466

ASSOCIATION DE LA PRESSE FRANCOPHONE
Dr. Michèle de Margerie, Marie-Annick Clavel (Université Laval) and Caroline Lavallée gave an interview to Lucas Pilleri.
https://www.francopresse.ca

APRIL 11, 2018

TVO
Dr. Coutinho took part in a discussion on women’s heart health on The Agenda with Steve Paikin alongside Sherry Grace (York University) and Paula Harvey (Women’s College Hospital). The show was aired on Wednesday, April 11 at 8 p.m.
https://tvo.org/programs/the-agenda-with-steve-paikin
ACKNOWLEDGEMENTS

THANK YOU TO OUR VALUED PARTNERS

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