



CANADIAN WOMEN'S HEART HEALTH SUMMIT ▶ 2023

APRIL 28-29, 2023 · VANCOUVER, BC · WOMENSHEARTSUMMIT.CA



CANADIAN WOMEN'S
HEART HEALTH CENTRE
CENTRE CANADIEN DE SANTÉ
CARDIAQUE POUR LES FEMMES

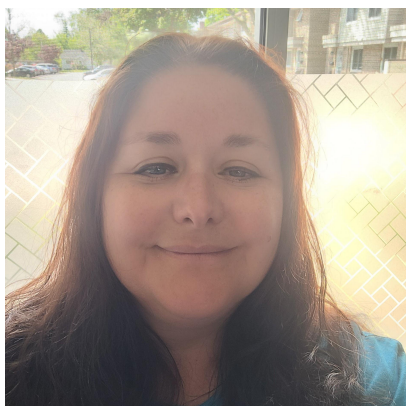


THE UNIVERSITY
OF BRITISH COLUMBIA



2023 Canadian Women's Heart Health Summit

Speaker Details



Kelly Saylor

Woman with lived Experience
Niagara Falls, ON

Biography

My name is Kelly Saylor. I am 46 years old and happily married to my very exceptional husband, Chris. I am a mother of three; two boys and one girl. Kage is 27, Malcolm is 15, and Katarina is 11. We currently live in Niagara Falls, Ontario.

I was born in Toronto but moved to Niagara early in my childhood. My identical twin sister, Karrie and our older sisters, Robin and Renee, who are fraternal twins, were primarily cared for by our wonderful mom.

I have joyfully spent the last 30 years working in Niagara with children and adults, with a variety of developmental disabilities.

I have been employed with the Niagara Catholic District School Board for the last 20 years, however, I am currently not working following treatment for liposarcoma.

In my twenties I started experiencing chest, jaw and neck pain that would come and go for what turned out to be several years.



CANADIAN WOMEN'S HEART HEALTH SUMMIT ▶ 2023

APRIL 28-29, 2023 • VANCOUVER, BC • WOMENSHEARTSUMMIT.CA



After having two strokes many years apart, I was finally diagnosed with a thrombosis in my aorta and had emergency open heart surgery to repair an ascending aortic dissection.

It is important for me to work with the Heart and Stroke Foundation and the community it serves so that I can help educate others on how to recognize cardiovascular symptoms, how to advocate for themselves and others who are having a cardiovascular event and to then try to help decrease disabilities and death caused by such events.