



# CANADIAN WOMEN'S HEART HEALTH SUMMIT ► 2023

APRIL 28-29, 2023 • VANCOUVER, BC • WOMENSHEARTSUMMIT.CA



THE UNIVERSITY  
OF BRITISH COLUMBIA



## 2023 Canadian Women's Heart Health Summit

### Speaker Details



#### **Jackie Ratz, BA Hons**

Woman with Lived Experience  
Winnipeg, MB

#### **Biography**

Jackie graduated with a BA honours Political Science and Religion from University of Manitoba. However, her other passion lead her to the fashion industry as an apparel buyer for 20 years before having to go on long term disability due to heart failure that was caused from chemo and radiation when she was in her mid 20s. Early in her journey with heart issues she discovered a passion for advocacy. She believes that knowledge is power and set about to not only help herself but to share her knowledge with others. She believes that with support heart failure patients can impact their own care through knowledge and self advocacy. Also recognizing the inconsistent access to care across the country, she has a specific interest in improving women's heart health care.

In 2017 Jackie started a Facebook support group called "Canadian Women with Medical Heart Issues." which now has 1000+ members. She is a proud member of the Canadian Women's Heart Health Alliance since its inception and she supports Heart & Stroke on various projects locally and nationally. Most actively, she is the Manitoba Champion for HeartLife Foundation of Canada. She has also organized World Heart Day events in her community.