



CANADIAN WOMEN'S
HEART HEALTH CENTRE

NATIONAL
ALLIANCE

Canadian Women's Heart Health Alliance

Member Profile



Zandra Koopman, RN, BScN, MN

Clinical Nurse Educator

University of Ottawa Heart Institute

Ottawa, ON

Alliance member since 2023

Biography

Zandra Koopman has been a Registered Nurse for over 10 years primarily with the University of Ottawa Heart Institute (UOHI). Since spring 2018 she has been in the role of Clinical Nurse Educator in the Intensive Cardiac Care Unit and the Regional Referral Center. She has a strong interest in education which is why she completed her Master of Nursing in 2020 with a Focus in Teaching from Athabasca University. Women's Heart Health has always been an interest of hers and she has been involved with the development of orientation tools surrounding Women's Heart Health for RNs at UOHI.