



Canadian Women's Heart Health Alliance

Member Profile



Rashi Ramchandani, BHSc, MD(c)
MD Candidate 2026
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Alliance member since 2023

Biography

Coming from a family of engineer's, Rashi learnt and appreciated the importance of adopting a critical-thinking mindset from an early age, which drew her towards the field of academia. Throughout her undergraduate degree at Queen's University, Rashi became involved in research in the field of allergies and electrocardiography. With her high academic standing and passion for evidence-based medicine, Rashi was awarded the prestigious national AMGEN Scholarship where she investigated immune tolerance mechanisms in lung transplant patients at the University of Toronto/Toronto General Hospital. Apart from research, Rashi has also been widely involved in numerous advocacy initiatives. Some notable involvements include her role in Girls SySTEM Mentorship, a national non-profit organization that aims to increase female representation in STEM workforces and being one of the founding members of the Queen's Health Sciences Summer Outreach Program, a novel cascading-mentorship based initiative that bolster the knowledge and competence of high-school students from minority populations to pursue a career in healthcare, a path that might not have otherwise been possible for students coming from these backgrounds.

Now, as a medical student at the University of Ottawa, Rashi wishes to expand and bridge her interests in academia and health advocacy to foster health promotion. Rashi is thrilled to be working with the Canadian Women's Health Heart center to transmit her passion for female empowerment and health equity.

In her free time, Rashi enjoys exploring the outdoors with her family, bouldering and trying new forms of dance.