



## Canadian Women's Heart Health Alliance

### Member Profile



**Nazli Parast, RN, CDE, BScN, MScN, EdD**

Advanced Practice Nurse, Women's Heart Health Clinic and Hypertension Clinic,

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Canadian Certified Diabetes Nurse Educator,

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Member since 2021

### Biography

Dr. Nazli Parast is an advanced practice nurse at the Women's Heart Health and Hypertension clinics. She is certified diabetes educator with extended background in cardiology and research. She obtained her doctorate degree in Education with focus on diabetes health literacy and education. She has been Diabetes and Heart Failure Clinical Consultant providing support to physicians, nurses and other health care providers. Her research interest is in improving healthcare providers' knowledge and assessment of women's heart health as well as improving diabetes management in women with respect to hormonal changes during their lifespan.