



## Canadian Women's Heart Health Alliance

### Training and Education Working Group | Member Profile



**Jennifer Monaghan, LLB, BA**

Patient Advocate Co-Chair, Training and Education Working Group

Woman with Lived Experience

Kelowna, BC

Alliance member since 2020

#### Biography

Having heart disease and a stroke has not defined Jennifer, but rather given her the experience and passion to become an active volunteer and advocate. A lawyer by training, she served on the Heart and Stroke Foundation (HSF) Mission Council on Vascular Cognitive Impairment and as the British Heart Foundation's International Advisory Panel for the "Big Beat Challenge" – a global competition for a £30 million research award won by CureHeart.

She is currently a member of this Summit's Planning Committee, a Co-Chair of CWHH Alliance's Training and Education Working Group, the BC Recovery & Rehabilitation Steering Committee as well as the Interior Health Stroke Innovation and Research Strategic Planning Committee. She was only 43 when, without any risk factors, her stroke and discovery of heart disease happened, so she feels particularly invested in supporting health care and research on the heart and brain.