



Canadian Women's Heart Health Alliance

Knowledge Translation and Mobilization Working Group |

Member Profile



Jennifer Reed, R. Kin, PhD

Director, Scientist, Exercise Physiology and Cardiovascular Health lab

University of Ottawa Heart Institute

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Member since 2022

Biography

Dr. Jennifer Reed, PhD, is a Scientist and Director of the Exercise Physiology and Cardiovascular Health Lab in the Division of Cardiac Prevention and Rehabilitation at the University of Ottawa Heart Institute. She is also an Associate Professor in the School of Epidemiology and Public Health in the Faculty of Medicine at the University of Ottawa, Adjunct Professor in the School of Human Kinetics in the Faculty of Health Sciences at the University of Ottawa, and a Registered Kinesiologist with the College of Kinesiologists of Ontario.

She has a passion for research focused on the role of exercise in preventing and managing cardiovascular disease, with a particular interest in women's heart health. Her program focuses on the application of exercise in the prevention and management of atrial fibrillation; developing novel exercise training strategies for women with heart disease; and, re-examining practical approaches to monitoring and prescribing exercise training in clinical populations. She has been awarded more than \$6 million in peer-reviewed research funding, published more than 90 peer-reviewed manuscripts, and given more than 70 invited presentations across the globe.