



Canadian Women's Heart Health Alliance

Advocacy Working Group | Member Profile



Jennifer Harris, PT

Member, Advocacy Working Group
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Biography

Jennifer Harris is a registered physiotherapist and the Manager of Outpatient Cardiovascular Rehabilitation and Regional Outreach Programs for the Division of Prevention and Rehabilitation Programs at the University of Ottawa Heart Institute. She directs Heart Wise Exercise, a community exercise model, and facilitates cardiac rehab regional delivery in Champlain Region. With a passion for knowledge translation, Jennifer has been an active research collaborator, regional partner and committee member for various organizations supporting the delivery of cardiac rehab and community exercise programming. She is currently the Chair of the Cardiac Rehab Network of Ontario. She has received the Canadian Cardiac Rehabilitation Association's Annual Leadership Award for both Clinical Practice in 2011 and Knowledge Translation in 2016.