CANADIAN WOMEN'S HEART HEALTH CENTRE | **NATIONAL ALLIANCE**

Canadian Women's Heart Health Alliance
Health Systems & Policy Working Group | Member Profile

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Member since 2022

Biography

I was born and raised in southern Ontario and attended the University of Western Ontario for my undergraduate education where I obtained a Bachelor of Medical Sciences degree along with a Bachelor of Science in Nursing degree. I moved to Winnipeg in 2013 to participate in the Winnipeg Critical Care Nursing Education Program (WCCNEP) and never left Manitoba. After completing the WCCNEP, I worked in the post-operative cardiac surgery ICU. I began working as a clinical education facilitator with nursing students on the cardiology unit, which opened the door to the educator role on that unit. I was the Continuing Education Instructor for the Cardiology Unit and the Pacemaker/ Defibrillator Clinic at St Boniface Hospital from 2015 to 2021 when I became a Clinical Nurse Specialist with Cardiac Sciences. I completed my Master of Nursing degree through the University of Manitoba in 2020 and began my doctoral studies there in fall 2021.

I enjoy collaborating with other healthcare professionals to drive change using research evidence in innovative ways to ensure we are providing the best educational experience to our coworkers and the best healthcare to Canadians. The projects I am involved in and am passionate about include congenital heart disease, structural heart interventions, heart failure, and post-intensive care syndrome. I enjoy working with the multidisciplinary team to integrate all team members along with patients and their families into care delivery to optimize patient outcomes.

I live outside of Winnipeg with my husband and two dogs. When not working or at school, I enjoy spending time with friends and family, travelling, and trying the variety of restaurants and cuisine Winnipeg has to offer.