

Province	Name of support network	Heart Health	♀ / ♂	Model	In-person	Online	Website/Contact
British Columbia	SCAD cardiac rehab support group at VGH	♥	♀	Cardiac rehab Education Support groups	Set program		https://scad.ubc.ca/vgh-scad-cardiac-rehab-program/
British Columbia	WomenHeart support group	♥	♀	Champion training Advocacy	Inpatient Emotional support	Inspire: online Support Community Phone/Email	Renee van Campen rvancampen@shaw.ca https://www.womenheart.org/?page=Programs_Symposium
British Columbia	Heart Life Foundation of Canada	♥	♀ ♂	Advocacy Education Heart Failure		Facebook Website Blog	Jilianne Code https://www.heartlife.ca/ http://www.bcheartfailure.ca/
Alberta	Woman to Woman Cardiac Support Group (Calgary)	♥	♀	Support group with education by leading expert Operated under Heart to Heart Society	Emotional Support Monthly meetings		Charlotte info.womantowoman@gmail.com www.womenscardiacsupport.org
Manitoba	Heart Failure Support Group of Manitoba	♥	♀ ♂	Support group for HF patients and families	Meetings One-on-one Education		http://www.umanitoba.ca/medicine/units/cardiac_sciences/heartfailure.html
Manitoba	Canadian Women With Medical Heart Issues	♥	♀	Online Support group Lifestyle/heart health Discussions		Facebook	Jackie Ratz https://www.facebook.com/groups/264964693970574/

Ontario/Quebec	Women@Heart Community and Inpatient support programs	♥	♀	Champion training Train the trainer (to come) Peer Support	In person Education Peer Support	Facebook	Nadine Elias, Women@Heart Program Manager 613-696-7071 or 1-866-399- 4432, pwc@ottawaheart.ca Greater Ottawa region /Gatineau Winnipeg to come
Ontario	Women's Health Matters		♀	Online Education		Website, FB, Twitter, youtube, newsletter	
Ontario (Kingston)	The MoHERS Program		♀	Postpartum heart health section		Online (website and Facebook page) Twitter (@maternalHC)	https://www.themothersprogram.ca/postpartum-health/postpartum-health
Nova Scotia	SCAD peer support group for Halifax	♥		Online Emotional support			Kathryn Cook mktcook10@yahoo.ca https://www.facebook.com/groups/342194289600301
National	Heart and Stroke foundation	♥	♀ ♂	Online - Community of survivors - Care supporter's community		Facebook	https://www.facebook.com/groups/354782561586553/ https://www.facebook.com/groups/422091158240547/
National	Canadian Women's Health Network		♀	Resources: Online Education		Website: Magazine Webinars What's hot section Regional Centres of Excellence	http://www.cwhn.ca/en
U.S./Global	Pacer Chicks	♥	♀	Online community for pacemaker, ICD and cardiac resynchronization		Website Forums Pacer chicks facebook	Tracey Strohm Eller https://www.pacemakerclub.com/message/8091/pacer-chicks

				therapy	page	https://www.facebook.com/groups/175271109163933/ (need to be logged in to see group)
U.S/Global	Heart Sisters	♥	♀	Online Education	Website Blog Education Resources	Carolyn Thomas https://myheartsisters.org
U.S	Women's Health Office		♀	Online Education Policy Health campaign	Website Webinars Campaigns: Tools to participate in National Women's health week May 12-18	http://www.womenshealth.gov http://womenshealth.gov/nwhw
U.S	Healthy Women		♀	Online Policy Education	- Blog - Ask the expert - App: Health record keeper. - Facebook	http://www.healthywomen.org/ https://www.facebook.com/healthywomen/

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