

Women@Heart Fall Groups

Group	12 sessions period	Day	Time	Location
1.	Aug. 17, 2016-Jan. 18, 2017	Wednesday	1-3	Cornwall Library
2.	Sept. 13, 2016- Feb. 21, 2017	Tuesday	1-3	Glebe C.C.
3.	Sept. 13, 2016- Feb. 21, 2017	Tuesday	3-5	Kanata Seniors Center
4.	Sept. 20, 2016 – March 7, 2017	Tuesday	1-3	McKellar Field House near Dovercourt (Wavell Av)
5.	Sept. 28, 2016- March 8, 2017	Wednesday	2-4	St-Laurent Library
6.	Oct. 13, 2016- March 23, 2017	Thursday	10-12	Ottawa South Community Center (Sunnyside Ave)