

CANADIAN WOMEN'S
HEART HEALTH
SUMMIT ▶ 2016



SUMMIT BROCHURE

April 14 - 15, 2016

Westin Hotel, Ottawa

Registration now open | womensheartsummit.ca



CANADIAN WOMEN'S
HEART
HEALTH CENTRE



**HEART &
STROKE**
FOUNDATION



The 2016 Canadian Women's Heart Health Summit taking place April 14-15, 2016 in Ottawa, Ontario, will bring together local, national and international experts and stakeholders to identify and propose strategies for the challenges involving heart disease and women across Canada.

This event is intended to further chart a course for women's heart health through stimulating dialogue among experts in the field and devising synergistic strategies to reduce sex-disparities in cardiovascular disease prevention and management to ultimately transform and save women's lives through policy, research, awareness and evidence-based care.

SUMMIT OBJECTIVES:

- Develop a network of leaders and knowledge-users across Canada, and internationally, to strengthen our capacity to develop and disseminate strategies to improve cardiovascular health among women.
- Identify scientific gaps and contribute to new knowledge and excellence in preventative cardiovascular medicine and population health through women-centered research.
- Delineate strategies for changing the misperception of cardiovascular disease in women, improving risk stratification, diagnosis, and therapy from a sex perspective and increasing female representation in clinical trials.

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PLANNING COMMITTEE

Dr. Thais Coutinho*

Summit Co-Chair, Assistant Professor of Medicine and Staff Cardiologist

Colleen Johnston**

Summit Co-Chair, Ontario Provincial Board of Directors

Dr. Michele Turek* ***

Medical Advisor, Canadian Women's Heart Health Centre, Associate Professor of Medicine and Staff Cardiologist

Dr. Andrew Pipe*

Chief, Division of Prevention and Rehabilitation

Dr. Bob Reid*

Deputy Chief, Division of Prevention and Rehabilitation

Lisa McDonnell*

Program Manager, Prevention and Wellness Centre and Canadian Women's Heart Health Centre

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Outreach Facilitator, Canadian Women's Heart Health Centre

Sue Perron*

Outreach Facilitator, Canadian Women's Heart Health Centre

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Summit Committee Chair, Canadian Women's Heart Health Centre

Dr. Jennifer Reed*

Associate Scientist, Division of Prevention and Rehabilitation

Charles McCulloch*

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Krista Kealey*

Board of Directors, Foundation

ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 9 credits. This event has also been accredited by the College of Family Physicians of Canada for up to 9 Mainpro-M1 credits and has been reviewed and approved by the University of Ottawa, Office of Continuing Professional Development.

DISCLOSURE

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.



SPEAKERS

▶ **Beth L. Abramson, MD, MSc, FRCP, FACC**

Associate Professor of Medicine, University of Toronto
Director, Cardiac Prevention and Rehabilitation Centre and Women's Cardiovascular Health
Division of Cardiology, St. Michael's Hospital
Toronto, ON

▶ **Sonia Anand, MD, PhD, FRCPc**

Professor of Medicine and Epidemiology, McMaster University
Director, Population Genomics Program, McMaster University and Population Health Research Institute, Hamilton Health Sciences
Hamilton, ON

▶ **Sherry L. Grace, PhD**

Professor, York University
Senior Scientist, University Health Network
Toronto, ON

▶ **Paula Harvey, BMBS, PhD, FRACP**

Interim Physician in Chief, Women's College Hospital
Scientist, Women's College Research Institute
Faculty, Department of Medicine, University of Toronto
Director, Cardiovascular Research Program, Women's College Hospital
Toronto, ON

▶ **KEYNOTE SPEAKER**

Sharonne N. Hayes, MD, FACC, FAHA

Professor of Medicine, Women's Heart Clinic
Director of Diversity and Inclusion, Mayo Clinic
Rochester, MN

▶ **Karin H. Humphries, MBA, DSc**

Associate Professor, Medicine
UBC- Heart and Stroke Foundation
Professor in Women's Cardiovascular Health
Scientific Director, BC Centre for Improved Cardiovascular Health (ICVHealth)
Vancouver, BC

▶ **Coralie Lalonde**

CEO, Katsura Investments
Ex-Officio Director, Chair, Ottawa Heart Institute Research Corporation Board of Directors, Chair, Quality of Care Committee, University of Ottawa Heart Institute
Ottawa, ON

▶ **Lisa McDonnell, BSc, MSc, MBA**

Program Manager, Prevention and Wellness Centre and Canadian Women's Heart Health Centre
Division of Prevention and Rehabilitation
University of Ottawa Heart Institute
Ottawa, ON

▶ **Lisa Marie Mielniczuk, BSc, MSc, MD, FRCPC**

Staff Cardiologist, Division of Cardiology
Director of Heart Failure Program, Medical Director of Cardiac Transplant Program
Medical Director, Pulmonary Hypertension Clinic, University of Ottawa Heart Institute
Associate Professor, Department of Medicine, University of Ottawa
Ottawa, ON

▶ **Sharon L. Mulvagh, MD**

Professor of Medicine, Mayo College of Medicine
Consultant, Cardiovascular Diseases and Internal Medicine
Director, Women's Heart Clinic, Mayo Clinic
Associate Director, Preventive Cardiology, Mayo Clinic
Rochester, MN

▶ **Kara Nerenberg, MD, MSc**

General Internist (Obstetric Medicine)
Clinician-Scientist
Assistant Professor, University of Calgary
Calgary, AB

SPEAKERS

▶ **Louise Pilote, MD, MPH, PhD**

Professor of Medicine
James McGill Chair
Director, Division of General Internal Medicine,
McGill University and McGill University Health Centre
Montreal, QC

▶ **Andrew Pipe, CM, MD, LLD (Hon), DSc (Hon)**

Chief, Division of Prevention and Rehabilitation
University of Ottawa Heart Institute
Ottawa, ON

▶ **Jacqueline Saw, MD, FRCPC, FACC, FSCAI**

Clinical Associate Professor of Medicine, University of British Columbia
Program Director, Interventional Cardiology Fellowship Program and
Interventional Cardiologist, Vancouver General Hospital
Vancouver, BC

▶ **Jo-Ann V. Sawatzky, RN, PhD**

Associate Professor and Associate Dean, Graduate Programs
College of Nursing, Faculty of Health Sciences, University of Manitoba
Winnipeg, MB

▶ **Tara L. Sedlak, MD, FRCPC**

Cardiologist, Vancouver General, St. Paul's, and UBC Hospitals
Clinical Assistant Professor
University of British Columbia
Vancouver, BC

▶ **Sharon E. Straus, MSc, MD, FRCP(C)**

Keenan Research Centre of the Li Ka Shing Knowledge Institute
St. Michael's Hospital
Toronto, ON

▶ **Michele Turek, MDCM, FRCPC**

Medical Advisor, Canadian Women's Heart Health Centre
Associate Professor of Medicine and Staff Cardiologist
University of Ottawa Heart Institute and The Ottawa Hospital
Ottawa, ON

▶ **Krystle van Hoof**

Assistant Director
Canadian Institutes of Health Research
Institute of Gender and Health
Montreal, QC

▶ **Nanette K. Wenger, MD, MACC, MACP, FAHA**

Professor of Medicine (Cardiology) Emeritus
Emory University School of Medicine
Consultant, Emory Heart and Vascular Center
Atlanta, GA

▶ **Wendy Wray, RN, BScN, MScN**

Director, Women's Healthy Heart Initiative
McGill University Health Centre
Montreal, QC



AGENDA ► THURSDAY APRIL 14, 2016

12:00 – 1:00 Registration and Welcome Lunch

1:00 – 1:30 Introductory Comments

Lisa McDonnell
University of Ottawa Heart Institute | Ottawa, ON

Dr. Thais Coutinho
University of Ottawa Heart Institute | Ottawa, ON

Dr. Michele Turek
University of Ottawa Heart Institute | Ottawa, ON

Dr. Thierry Mesana
University of Ottawa Heart Institute | Ottawa, ON

Colleen Johnston
Heart and Stroke Foundation | Toronto, ON

1:30 – 1:55 KEYNOTE PRESENTATION

Saving Women's Hearts: Where Should We Go Now?

Dr. Sharonne N. Hayes
Mayo Clinic | Rochester, MN

1:55 – 2:10 Patient Perspective “My Heart Story”

Coralie Lalonde
University of Ottawa Heart Institute | Ottawa, ON

2:10 – 2:35 Epidemiology of Cardiovascular Disease in Women: Who is at Risk?

Dr. Louise Pilote
McGill University and McGill University Health Centre | Montreal, QC

2:35 – 3:00 Sex-related Differences in the Epidemiology and Pathophysiology of Cardiovascular Disease

Dr. Karin Humphries
UBC - Heart and Stroke Foundation and BC Centre for Improved Cardiovascular Health | Vancouver, BC

3:00 – 3:20 Break

3:20 – 3:45 The Intersection Between Sex/Gender, Ethnicity, and Socioeconomic status and Cardiovascular Disease: Etiologic and Practice Implications

Dr. Sonia Anand
McMaster University
Hamilton Health Sciences | Hamilton, ON

3:45 – 4:10 Knowledge Gaps in Women's Heart Health – What Research Needs to Address

Dr. Nanette Wenger
Emory University School of Medicine
Emory Heart and Vascular Center | Atlanta, GA

4:10 – 4:40 Bridging the Gaps Between Knowledge and Care: Lessons Learned

Dr. Sharon Straus
Keenan Research Centre of the Li Ka Shing Knowledge Institute
St. Michael's Hospital | Toronto, ON

4:40 – 5:00 Closing Remarks

Dr. Andrew Pipe
University of Ottawa Heart Institute | Ottawa, ON

6:30 – 9:30 Networking Reception and Dinner (Métropolitain Brasserie Restaurant)

AGENDA ► FRIDAY APRIL 15, 2016

7:30 – 8:30 Registration and Continental Breakfast

8:30 – 8:40 Introductory Comments

Lisa McDonnell
University of Ottawa Heart Institute | Ottawa, ON

8:40 – 9:05 A Gender Lens: Traditional and Lifestyle Risk Factors for Women with Cardiovascular Disease

Dr. Beth Abramson
University of Toronto
St. Michael's Hospital | Toronto, ON

9:05 – 9:30 Sex-Specific Risk Factors for Women with Cardiovascular Disease

Dr. Kara Nerenberg
University of Calgary | Calgary, AB

9:30 – 9:55 Women's Heart Health in the Community: Population Health and Prevention as Priorities!

Dr. Andrew Pipe
University of Ottawa Heart Institute | Ottawa, ON

9:55 – 10:20 Issues Surrounding Cardiac Rehabilitation Programs and Women

Dr. Sherry Grace
York University, University Health Network | Toronto, ON

10:20 – 10:40 Break

10:40 – 11:05 Cardio-Oncology – the Intersection between the Heart and Cancer

Dr. Michele Turek
University of Ottawa Heart Institute | Ottawa, ON

11:05 – 12:00 Rapid Fire Oral Presentations

Multiple Presenters

12:00 – 1:30 Lunch (12:00 – 12:45) and Poster Session (12:45-1:30)

1:30 – 1:50 Clinical Cardiovascular Conundrums in Women: Symptomatology, Coronary Artery Disease and Chest Pain

Dr. Sharon Mulvagh
Mayo College of Medicine
Mayo Clinic | Rochester, MN

1:50 – 2:10 Clinical Cardiovascular Conundrums in Women: Spontaneous Coronary Artery Dissection (SCAD)

Dr. Jacqueline Saw
University of British Columbia
Vancouver General Hospital | Vancouver, BC

2:10 – 2:30 Clinical Cardiovascular Conundrums in Women: Heart Failure with Preserved Ejection Fraction (HFpEF)

Dr. Lisa Mielniczuk
University of Ottawa Heart Institute
University of Ottawa | Ottawa, ON

2:30 – 2:50 Clinical Cardiovascular Conundrums in Women: Ask the Experts Panel Discussion

Dr. Jacqueline Saw
University of British Columbia, Vancouver General Hospital
Vancouver, BC

Dr. Sharon Mulvagh
Mayo College of Medicine, Mayo Clinic | Rochester, MN

Dr. Lisa Mielniczuk
University of Ottawa Heart Institute, University of Ottawa
Ottawa, ON

Dr. Sharonne N. Hayes
Mayo Clinic | Rochester, MN

2:50 – 3:10 Break

3:10 – 3:30 How to Promote Cardiovascular Research, Policies and Guidelines for Women

Krystle van Hoof
Institute of Gender and Health | Montreal, QC

3:30 – 4:20 Learning from Each other – Challenges, Experiences and Unique Insights

Wendy Wray
McGill University Health Centre | Montreal, QC

Dr. Jo-Ann Sawatzky
University of Manitoba | Winnipeg, MB

Dr. Tara Sedlak
Vancouver General, St. Paul's and UBC Hospitals
University of British Columbia | Vancouver, BC

Lisa McDonnell
University of Ottawa Heart Institute | Ottawa, ON

Dr. Paula Harvey
Women's College Hospital | Toronto, ON

4:20 – 4:30 Closing Remarks and Award Ceremony

Dr. Thais Coutinho
University of Ottawa Heart Institute | Ottawa, ON

Dr. Michele Turek
University of Ottawa Heart Institute | Ottawa, ON

Colleen Johnston
Heart and Stroke Foundation | Toronto, ON

REGISTRATION FEES

Registration is now open. Register online at www.womensheartsummit.ca.

	EARLY BIRD FEE (Register on or before March 14, 2016)	REGULAR FEE (Register after March 14, 2016)
Regular Attendee	\$325	\$375
*Student	\$225	\$275

***Student includes:** undergraduate, masters, PhD, post-doc, medical students, residents and fellows with proof of status. If no proof is provided onsite, the regular attendee rate will apply.

AWARDS

2016 Canadian Women's Heart Health Advocacy Award Call for Nominations

Recognizing visionary contributions as an advocate for the heart health of women in Canada, through mobilizing others to increase awareness and take action to reduce women's risk of heart disease.

The 2016 Canadian Women's Heart Health Advocacy Award recognizes the contributions of an individual or group working to improve the heart health of women through advocacy, awareness, and support. It will recognize outstanding commitment in mobilizing women and health professionals to take heart health seriously and act to reduce women's risk of heart disease.

Nominations are being accepted until March 25, 2016. Nominees may be patients, family members, healthcare professionals, researchers, organizations or community advocates currently working and/or living in Canada. Winners will each receive an award of recognition and a cheque for \$500. Visit www.womensheartsummit.ca for more details.

Best Rapid-Fire Oral Presentation and Best Poster Awards

The Canadian Women's Heart Health Summit's Research Committee will be offering an award for Best Rapid-Fire Oral Presentation and Best Poster. Winners will each receive an award of recognition and a cheque for \$250.

All accepted abstracts will be published in the April Issue of the Canadian Journal of Cardiology. Visit www.womensheartsummit.ca for more details.

NETWORKING OPPORTUNITIES

Welcome Lunch

A welcome lunch will be held on Thursday April 14, 2016 from 12-1pm for registered delegates. This lunch is included in your registration fee.

Networking Reception and Dinner

On Thursday April 14, please join us for an elegant, fun-filled evening at the Métropolitain Brasserie Restaurant. It's across the street from the Westin Ottawa Hotel, located on 700 Sussex Drive in downtown Ottawa. Enjoy signature cocktails with colleagues and friends, followed by a 3-course plated dinner in a very beautiful, relaxing and intimate setting. Get ready for a night of heart healthy food, delicious wine and wonderful company. Tickets are available on www.womensheartsummit.ca. Don't wait - space is limited!

SPONSORSHIP OPPORTUNITIES

We invite you to become an important part of this incredible opportunity by participating as an Event Sponsor. A variety of sponsorship levels have been developed and will be available to government, corporate, community, and other healthcare agencies.

Don't miss this chance to be part of something that will change the face of women's heart health. Visit www.womensheartsummit.ca to view our Sponsorship Prospectus or contact us directly at CWHHC@ottawaheart.ca to discuss how you or your organization can get involved!



CONFERENCE LOCATION

The Westin Hotel

11 Colonel By Drive
Ottawa, ON K1N 9H4

Located in the heart of the city, the Westin Ottawa hotel is just steps away from the city's most popular attractions. Lose yourself in the energy of the bustling Byward Market; indulge in world-class shopping in the attached Rideau Centre; or explore the natural beauty of the Gatineau Hills. No matter how long or short your stay, the Westin Ottawa will help you plan an experience that is different, better, and special.

TRAVEL

We are pleased to offer travel discounts for qualifying delegates.

Please visit www.womensheartsummit.ca for more information on cost saving travel rates.

HOTEL ACCOMODATION

A limited block of guestrooms has been reserved at the Westin Ottawa for conference delegates at a negotiated group rate of \$205.00 CAD per night. Conference delegates may reserve a room by calling the Reservations Department at 1-800-WESTIN-1 or online at www.womensheartsummit.ca. In order to receive the negotiated group rate, please reference "Canadian Women's Heart Health Summit" and book your reservation before March 14th, 2016.



ACKNOWLEDGEMENTS

The University of Ottawa Heart Institute and the Heart and Stroke Foundation would like to thank Shoppers Drug Mart for their support of this event:



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