



ARM YOURSELF WITH THE HEART FACTS FOR WOMEN

WOMEN HEART ATTACK

KNOW THE SYMPTOMS

KNOW THE SYMPTOMS OF HEART ATTACK AND BE BETTER PREPARED TO HELP YOURSELF AND THE WOMEN YOU LOVE.

WOMEN UNDER 50 WHO SUFFER A HEART ATTACK ARE

50%

MORE LIKELY TO DIE THAN MEN¹

HEART ATTACKS GO UNRECOGNIZED

UP TO **54%**

OF THE TIME IN WOMEN²

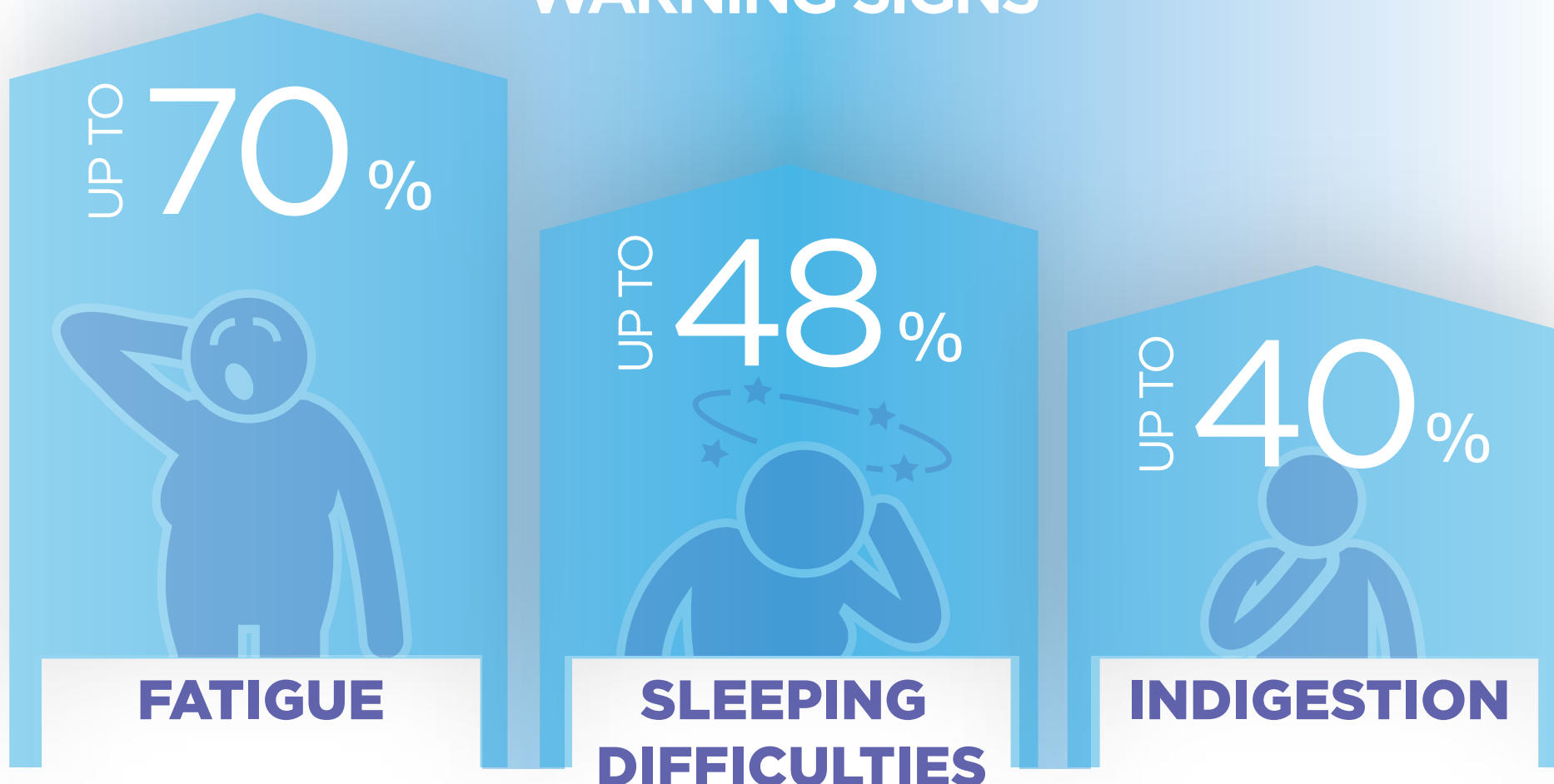


42%

OF WOMEN WHO HAVE HEART ATTACKS DIE WITHIN 1 YEAR, COMPARED TO 24% OF MEN³



EARLY WARNING SIGNS⁴

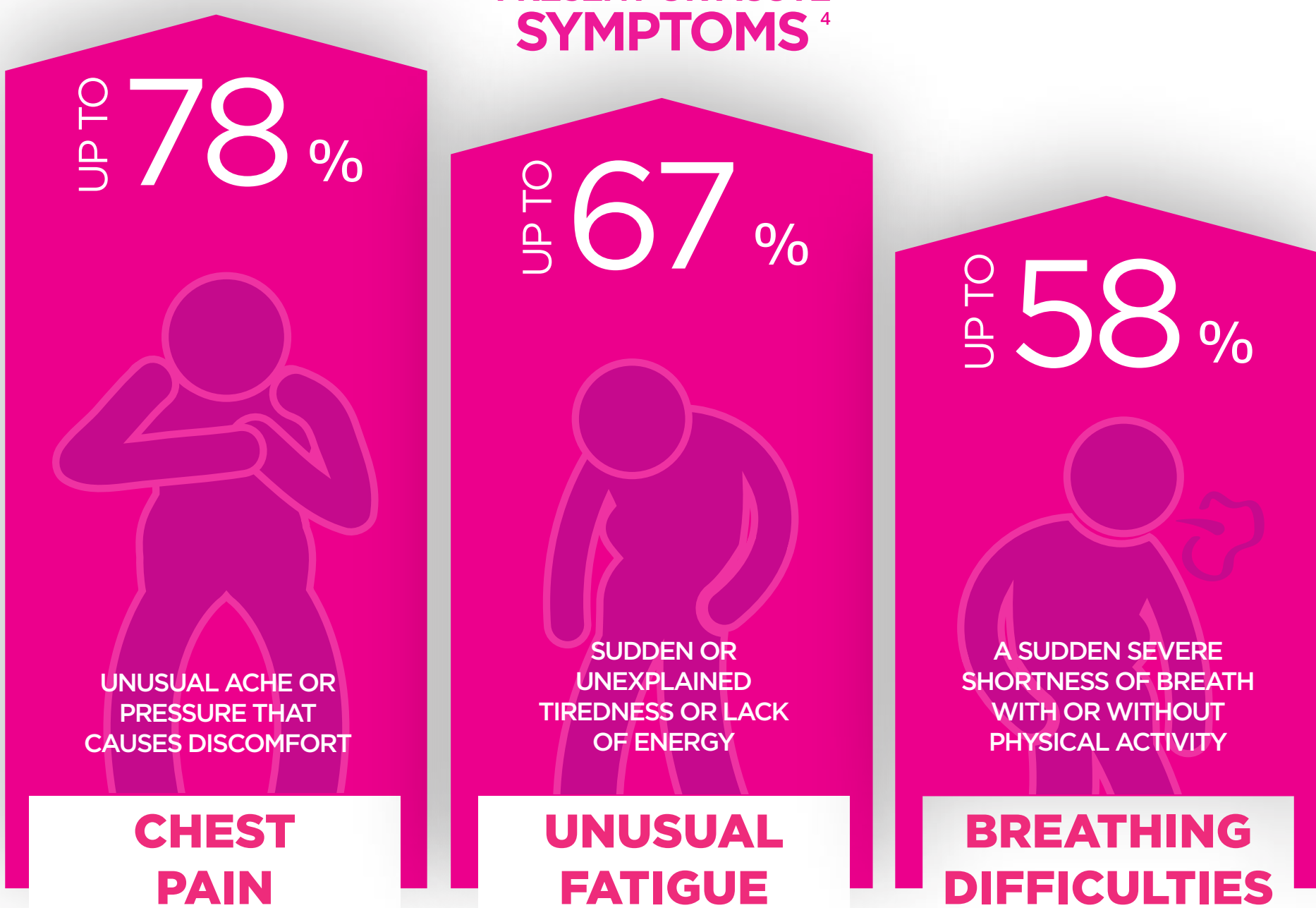


WHEN IN DOUBT, CHECK IT OUT

Many women experience these early warning symptoms for up to a year before a heart attack.

VS.

PRESENT OR ACUTE SYMPTOMS⁴



DON'T DELAY, CALL 911

Not everyone gets all of these symptoms. If you have chest discomfort, especially if you also have one or more of the other signs, call 911 immediately.

References: 1. Global Heart, Vol. 8 - Issue 2, 105-112, June 2013 2. Heart. 2010;96(18):1458-1462. 3. N Engl J Med. 1999; 341:217-225 4. Circulation. 2003 Nov 25;108(21):2619-23.